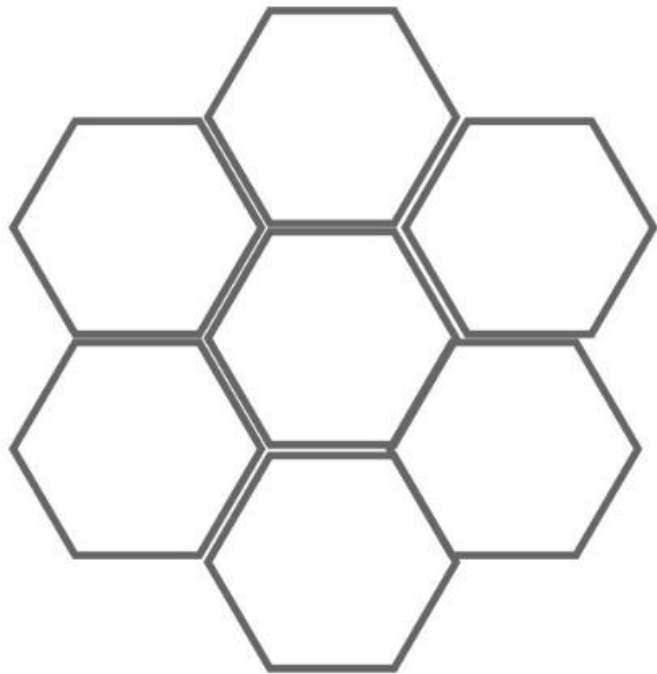


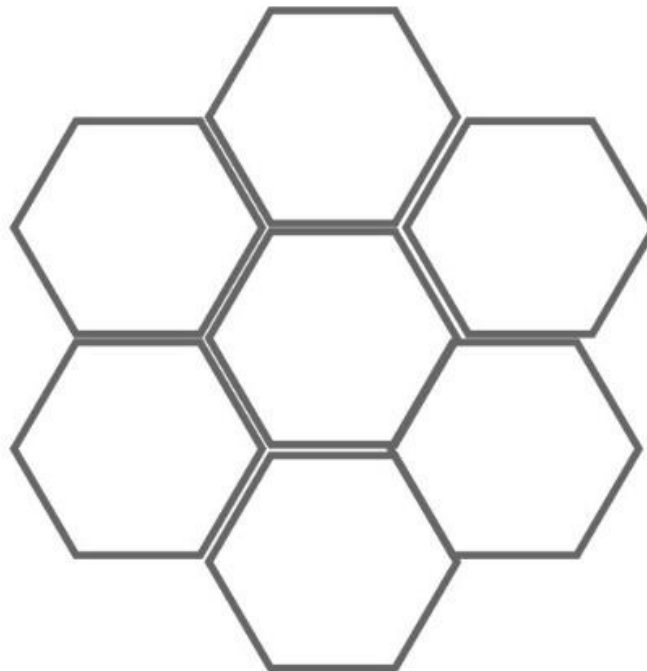
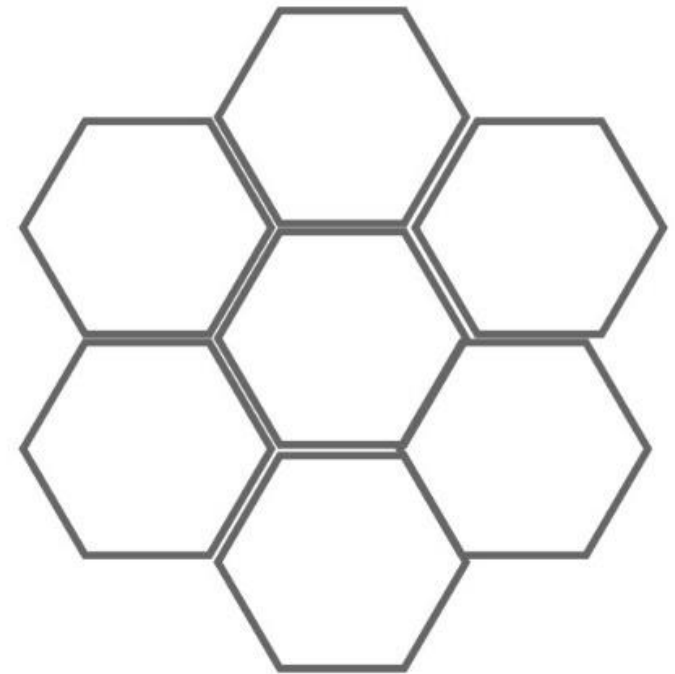
Week 2

Week 4



**Five Institute
Kindset Cafe
21 day plan**

**I choose
to be
kind to others**



Week 3