



**2026 Fire Horse**



[fiveinstitute.com/love2026](https://fiveinstitute.com/love2026)



# What We're Going to Cover

**Part 1.**

**Part 2.**

**Part 3.**

**Part 4.**



# What We're Going to Cover

**Part 1.** The Chinese Zodiac

**Part 2.**

**Part 3.**

**Part 4.**



# What We're Going to Cover

**Part 1.** The Chinese Zodiac

**Part 2.** Understanding the Importance of Now

**Part 3.**

**Part 4.**



# What We're Going to Cover

**Part 1.** The Chinese Zodiac

**Part 2.** Understanding the Importance of Now

**Part 3.** Your Three Guiding Principles For 2026

**Part 4.**



# What We're Going to Cover

**Part 1.** The Chinese Zodiac

**Part 2.** Understanding the Importance of Now

**Part 3.** Your Three Guiding Principles For 2026

**Part 4.** Discussion



# What We're Going to Cover

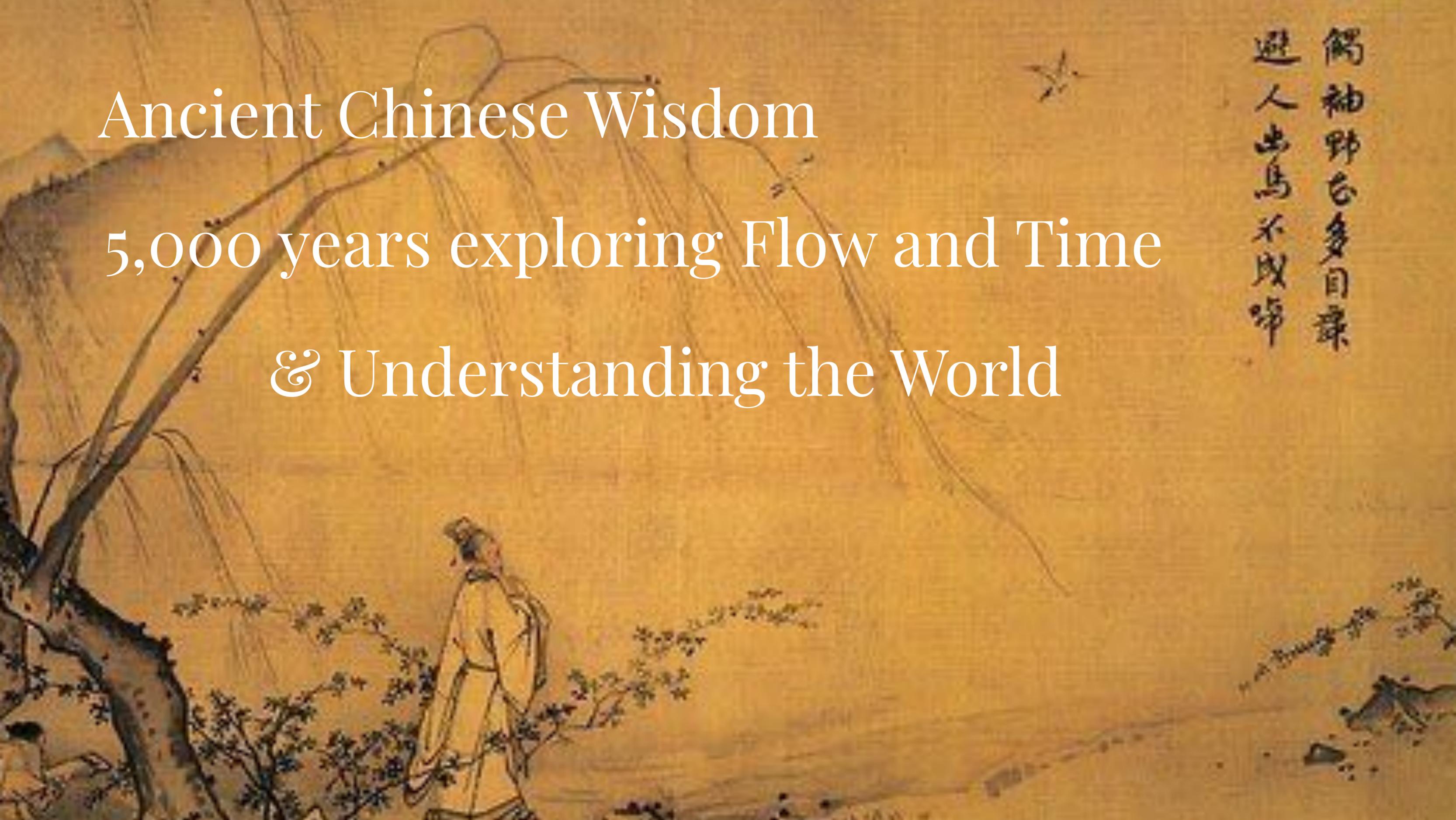
**Part 1.** The Chinese Zodiac

**Part 2.**

**Part 3.**

**Part 4.**



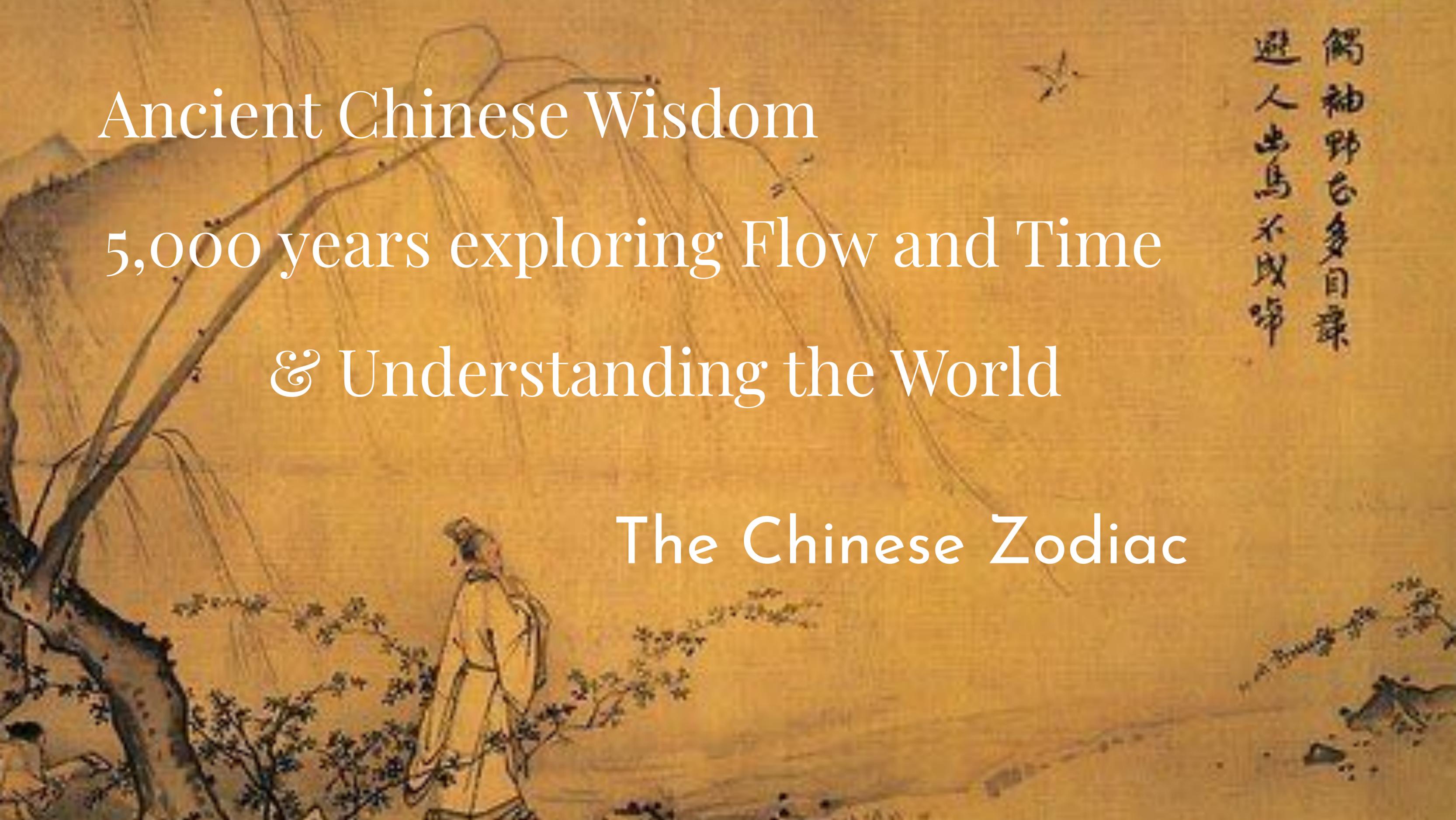
A traditional Chinese ink wash painting (shu) depicting a scholar in a landscape. The scholar, wearing a yellow robe and a black hat, stands in the lower center, looking towards the right. The background features a large, gnarled tree on the left and a small pavilion on the right. The overall style is minimalist and expressive, with fine lines and subtle washes of color.

Ancient Chinese Wisdom

5,000 years exploring Flow and Time

& Understanding the World

鶴袖野志多目錄  
遊人出鳥不以啼

A traditional Chinese ink wash painting on a light brown background. The scene depicts a scholar in a yellow robe standing in a landscape with a large, gnarled tree on the left and a small pavilion in the distance. The brushwork is expressive, with fine lines for the scholar's figure and more textured strokes for the landscape elements. In the upper right corner, there is a vertical inscription of Chinese characters.

Ancient Chinese Wisdom

5,000 years exploring Flow and Time

& Understanding the World

The Chinese Zodiac

鶴袖野志多目錄  
遊人出鳥不以啼

# The Chinese Zodiac



# The Chinese Zodiac



Rat



Ox



Tiger



Rabbit



Dragon



Snake



Horse



Goat



Monkey



Rooster



Dog

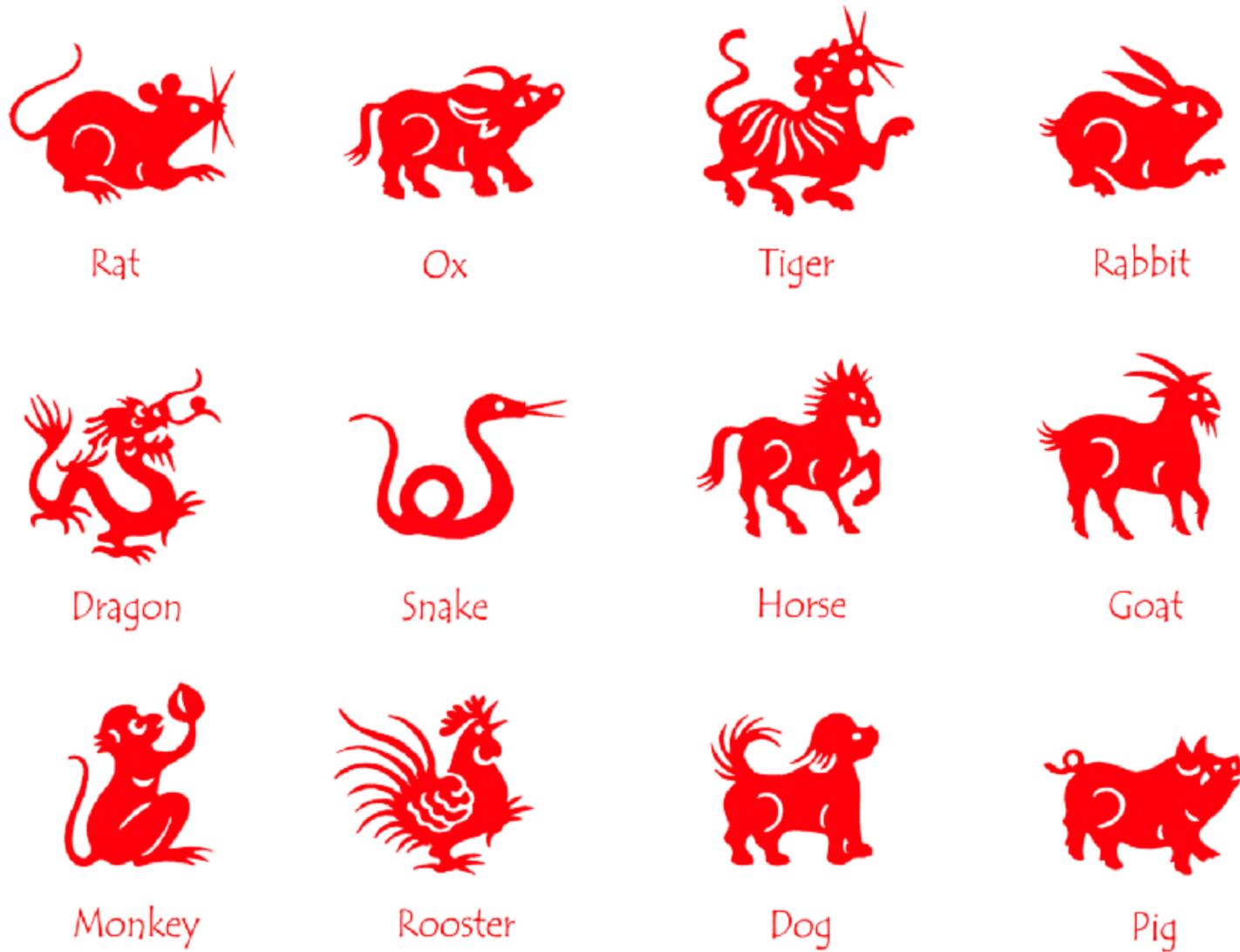


Pig

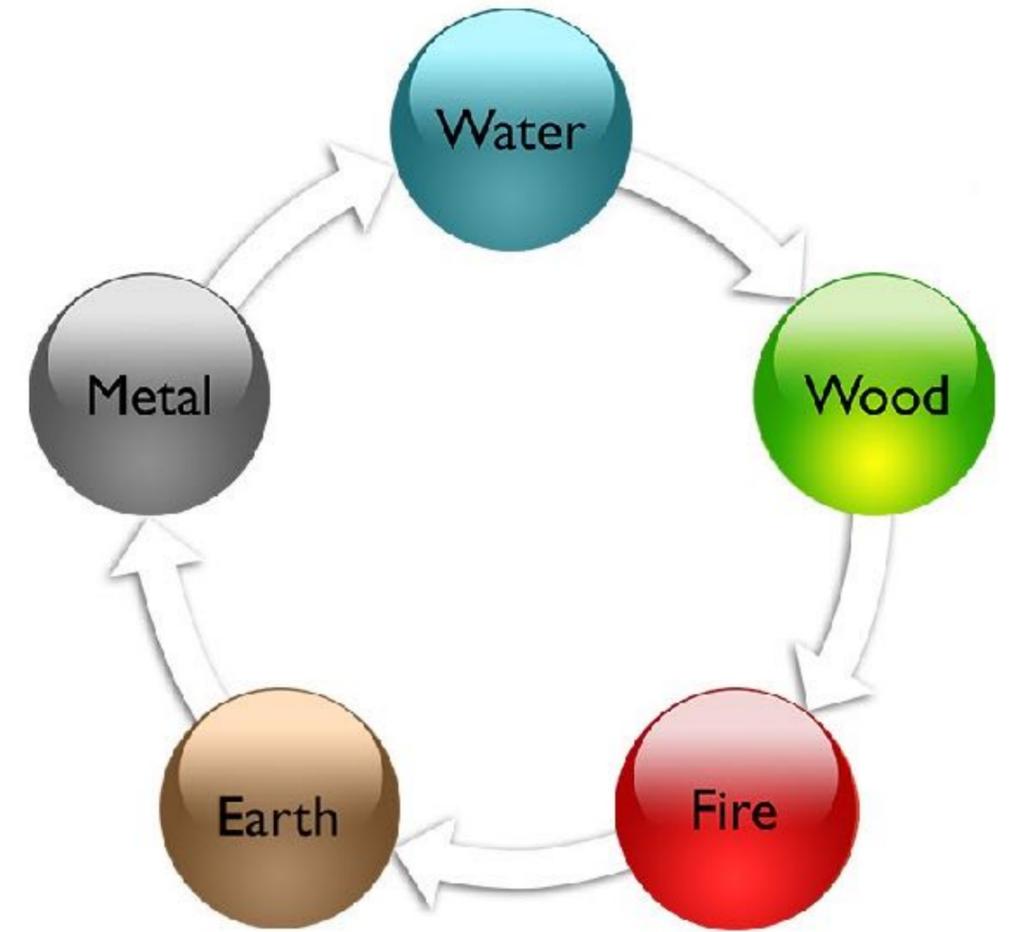
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# The Chinese Zodiac



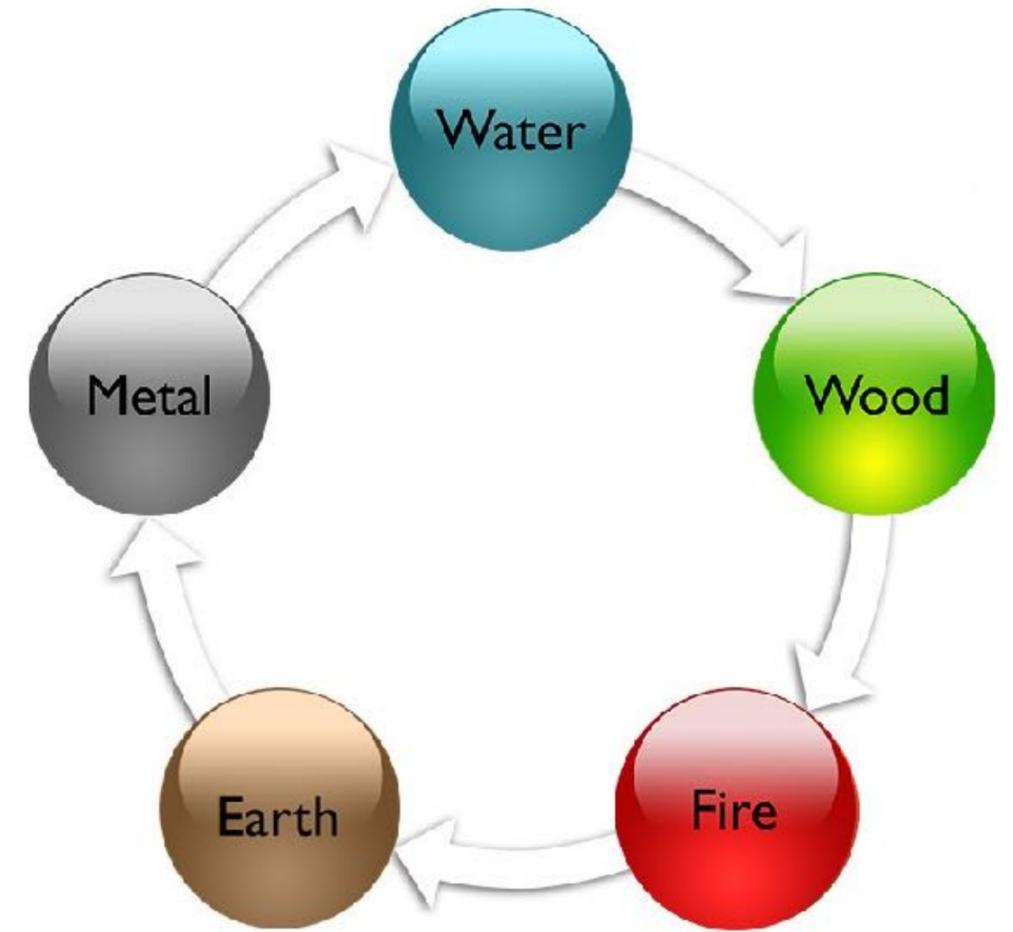
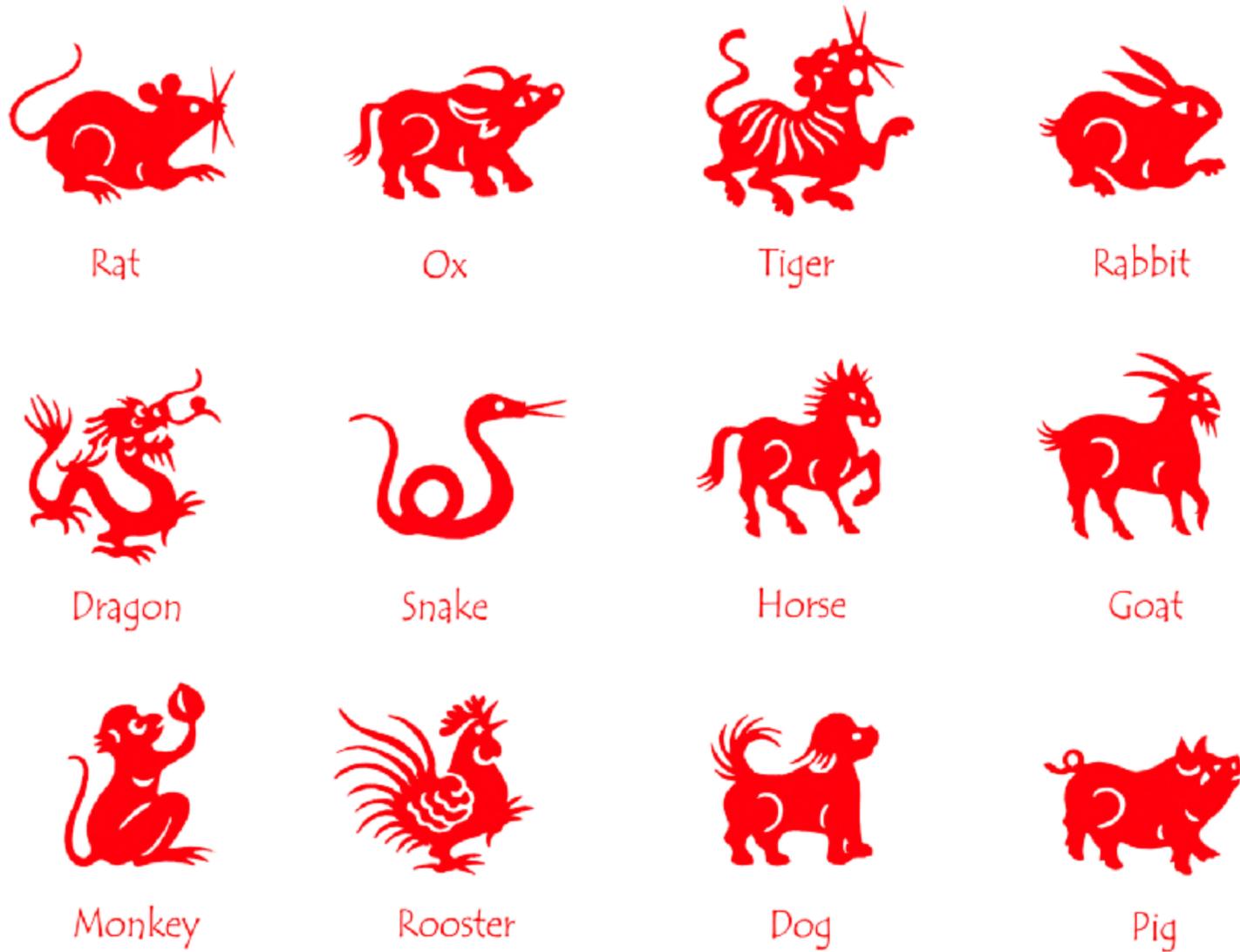
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5



# The Chinese Zodiac

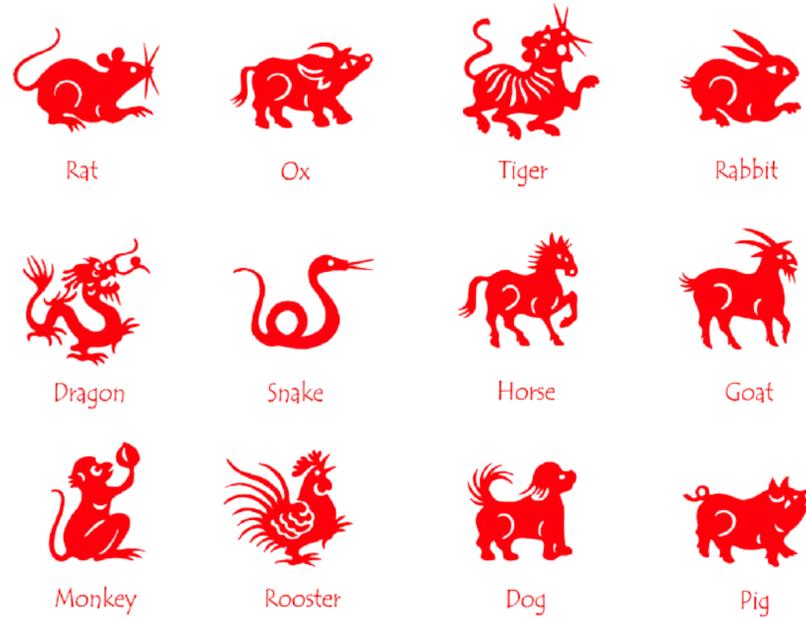


$$12 \times$$

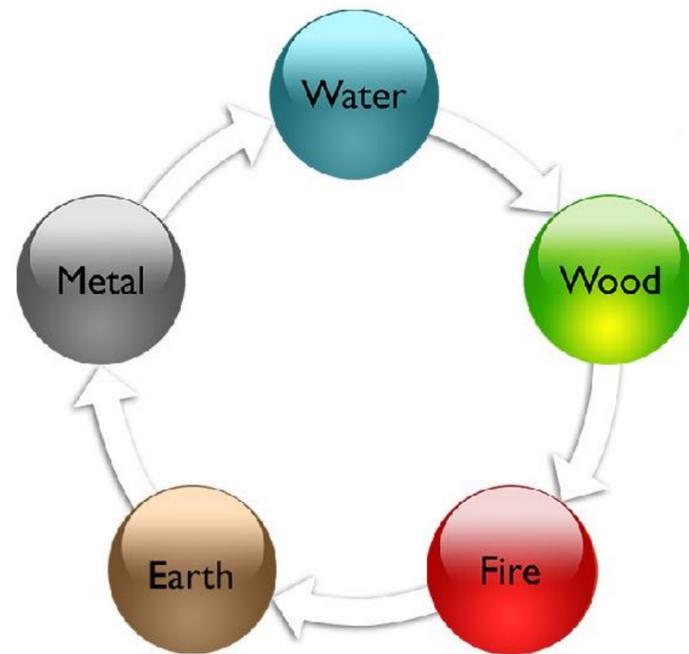
$$5 = 60$$



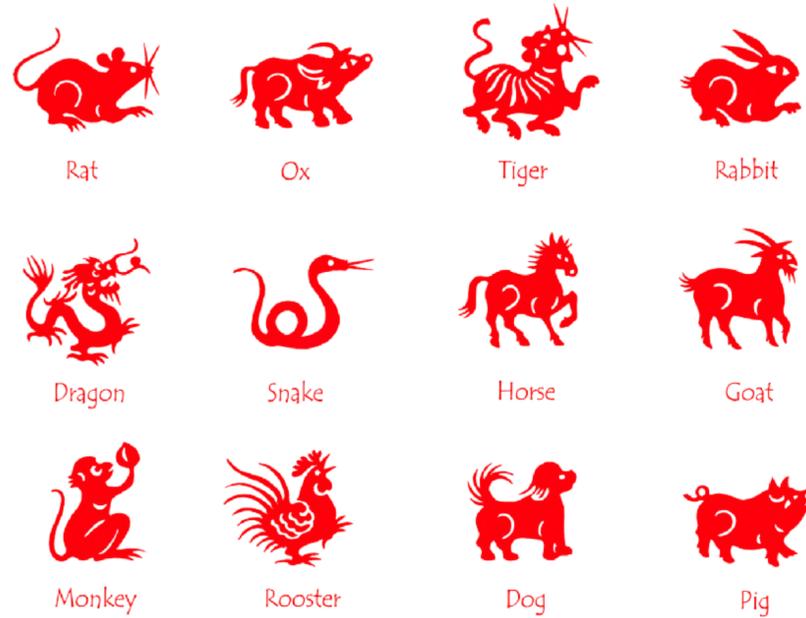
# The Chinese Zodiac



Each Year Occurs  
Once Every 60 Years

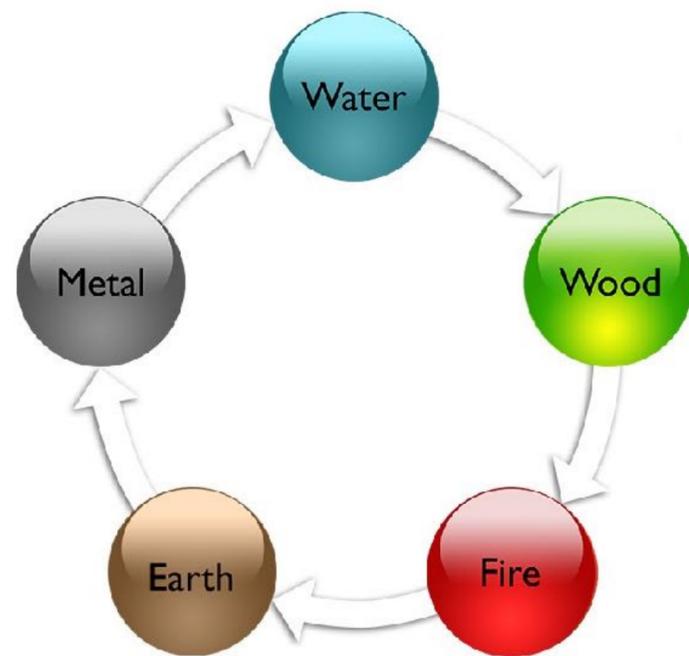


# The Chinese Zodiac

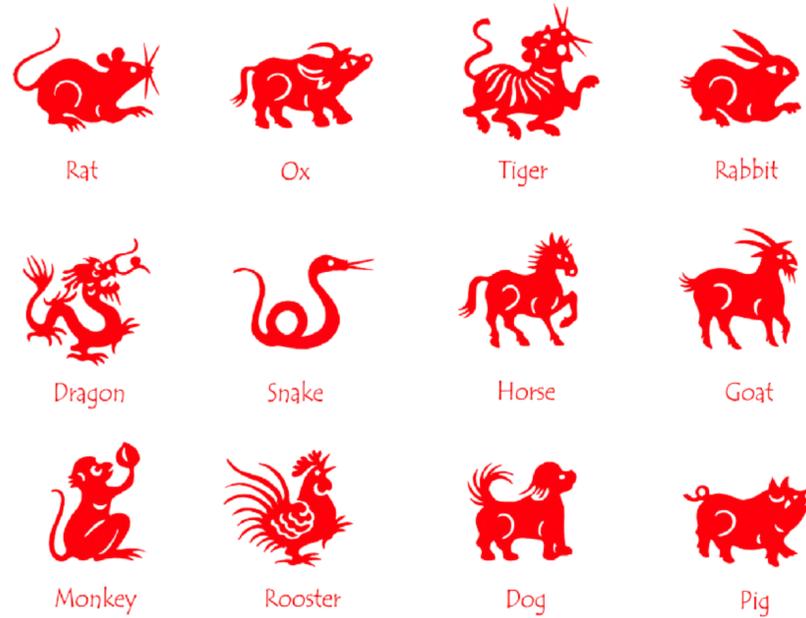


Each Year Occurs  
Once Every 60 Years

2026 = 1966



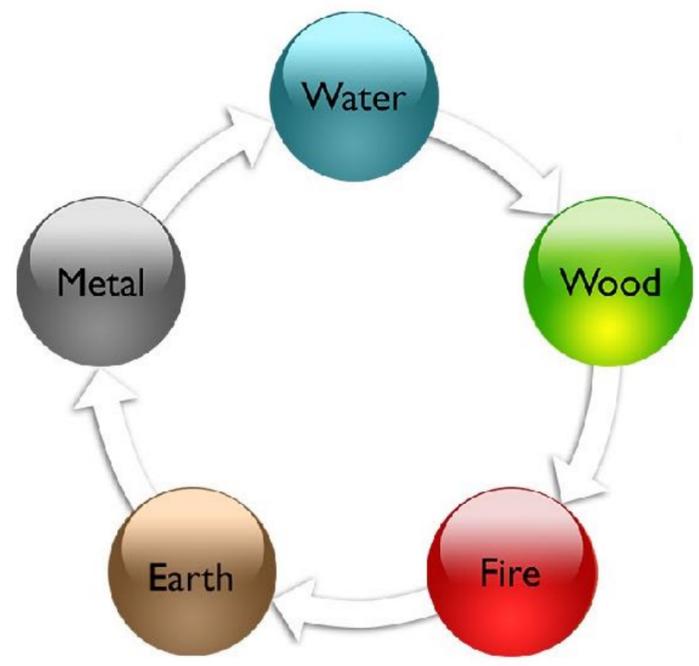
# The Chinese Zodiac



Each year has a  
Theme and Flow

An Undercurrent!

A Vibration



# The Chinese Zodiac



Rat



Ox



Tiger



Rabbit



Dragon



Snake



Horse



Goat



Monkey



Rooster



Dog



Pig

Each block of 12 years  
has a Theme and Flow

An Undercurrent!

A Vibration



# 2020 - 2032



Metal



Metal



Tiger



Rabbit



Dragon



Snake



Horse



Goat



Monkey



Rooster

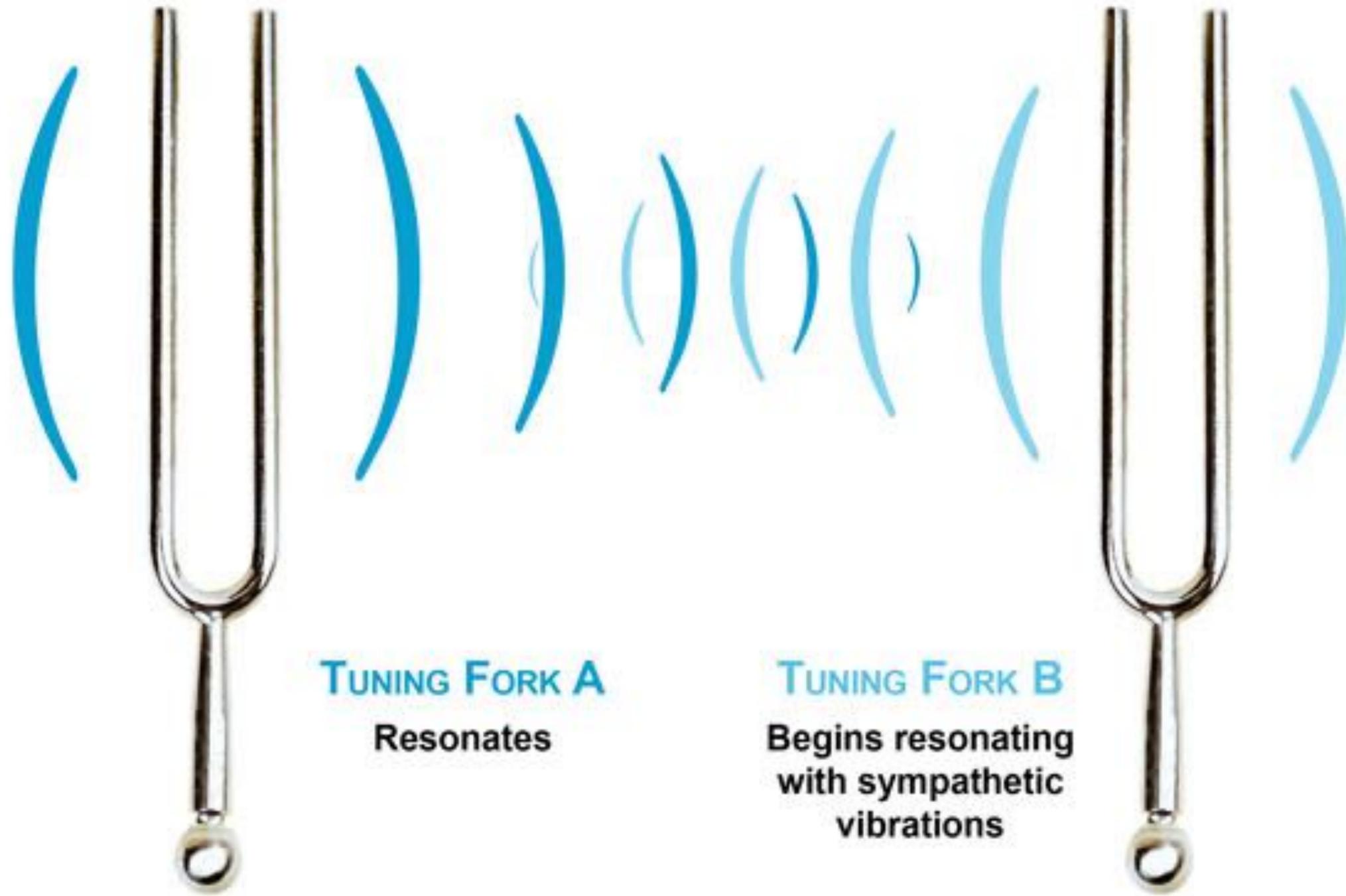


Metal



Metal

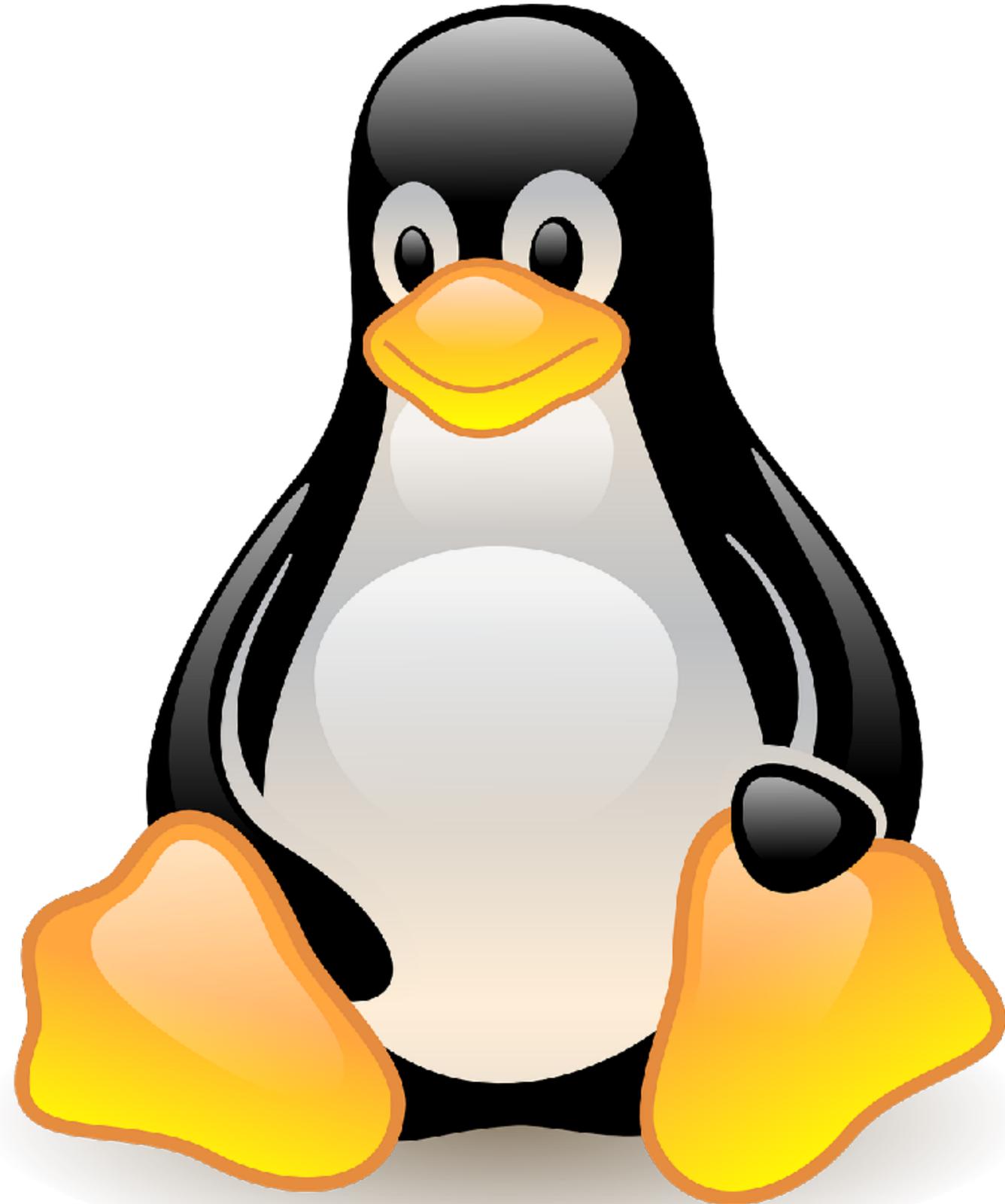
Opens and closes with Metal Energy



**TUNING FORK A**  
Resonates

**TUNING FORK B**  
Begins resonating  
with sympathetic  
vibrations





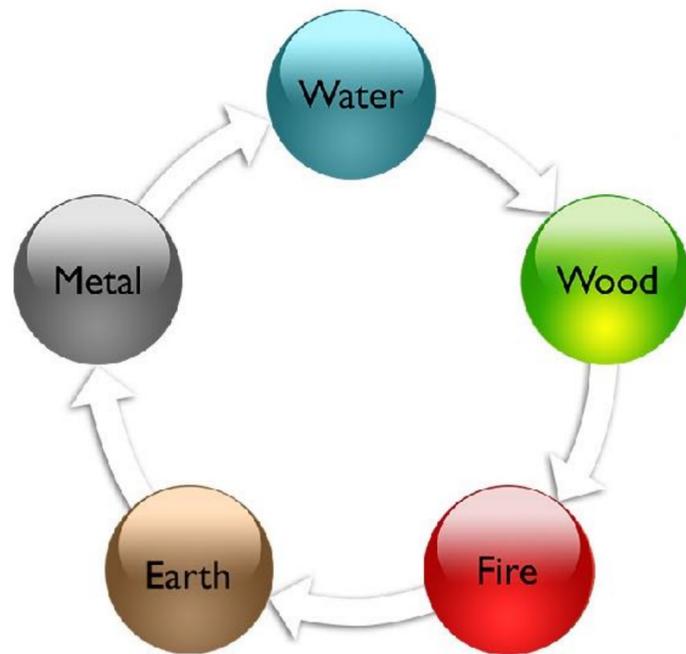
# The Chinese Zodiac

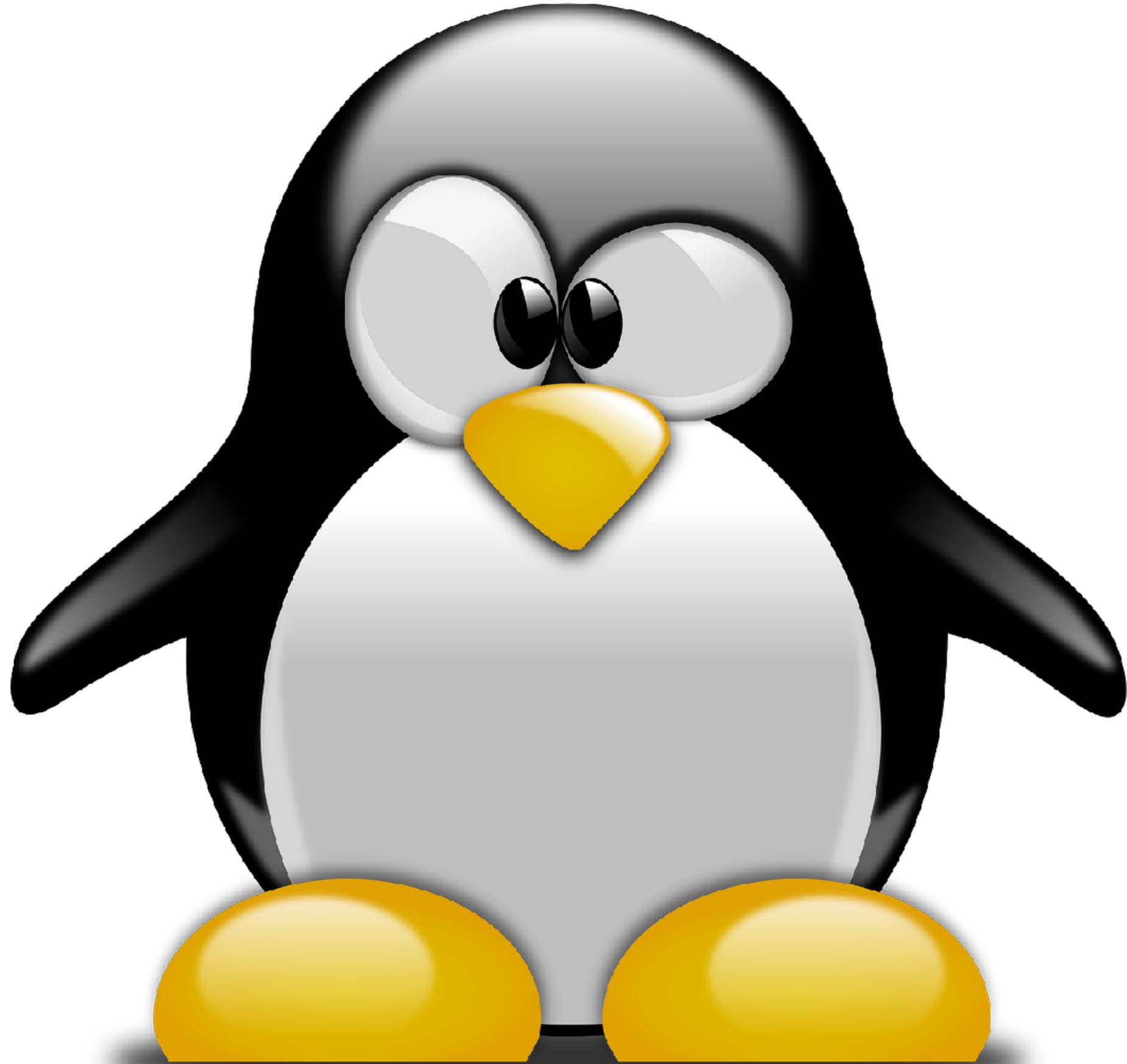


Interact With Your Stars  
East & West

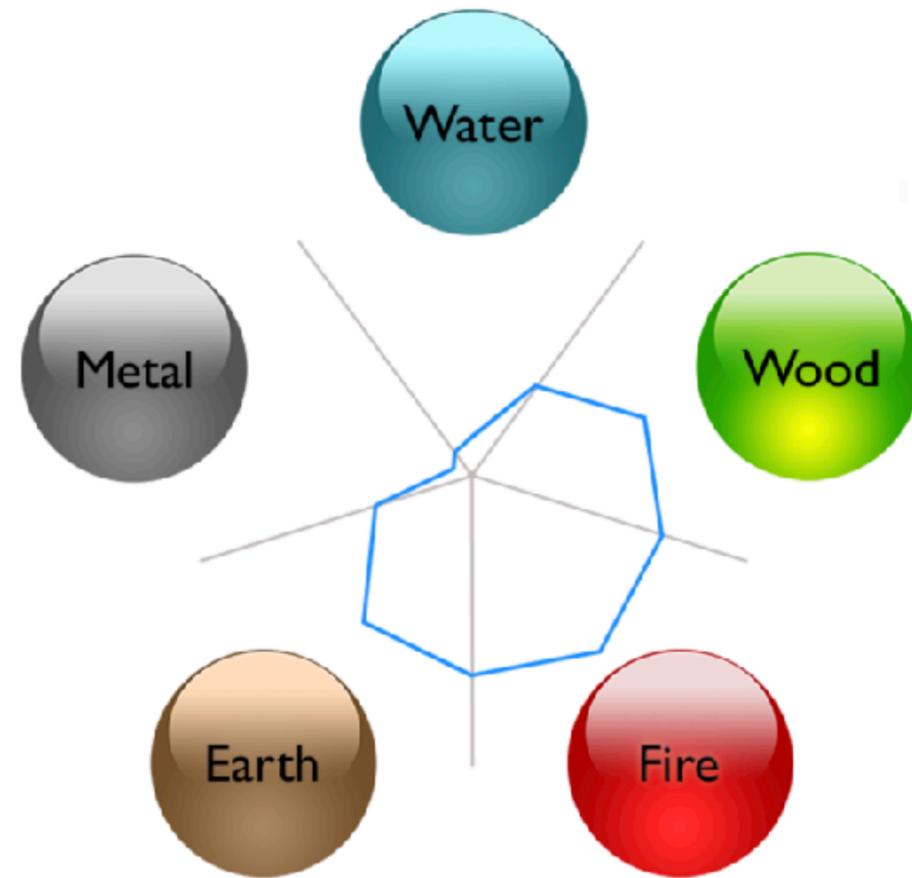
& Numerology

Your Essence





# THE Vitality TEST



**Water:** 5.7%

**Wood:** 28.6%

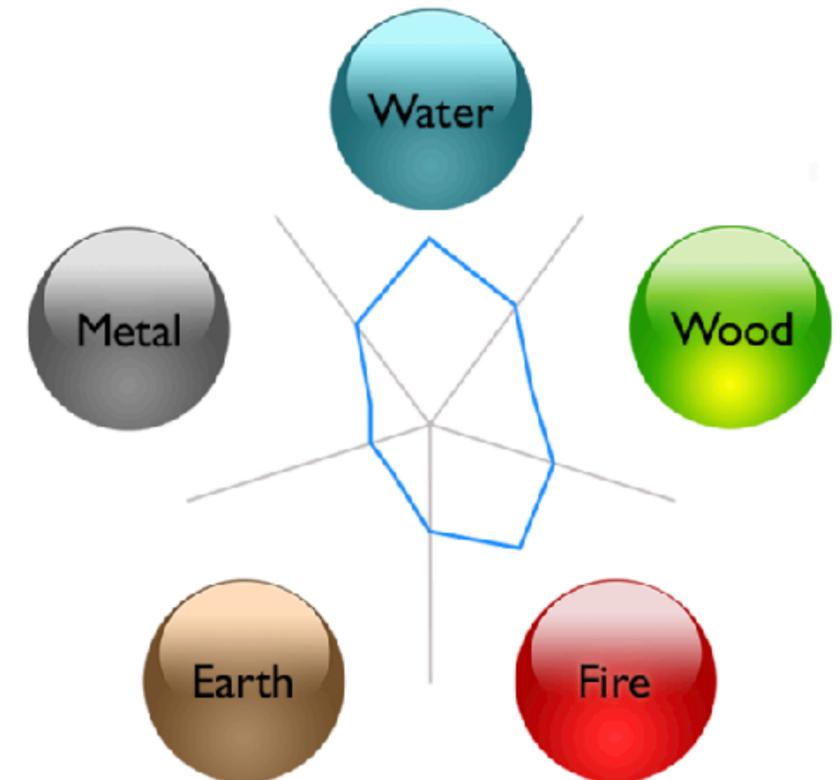
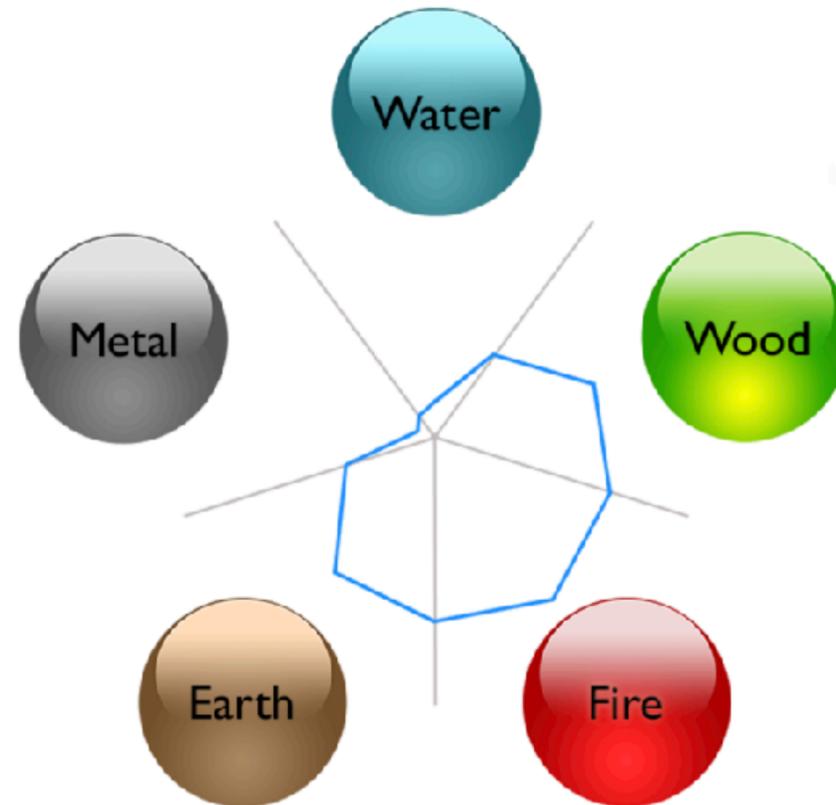
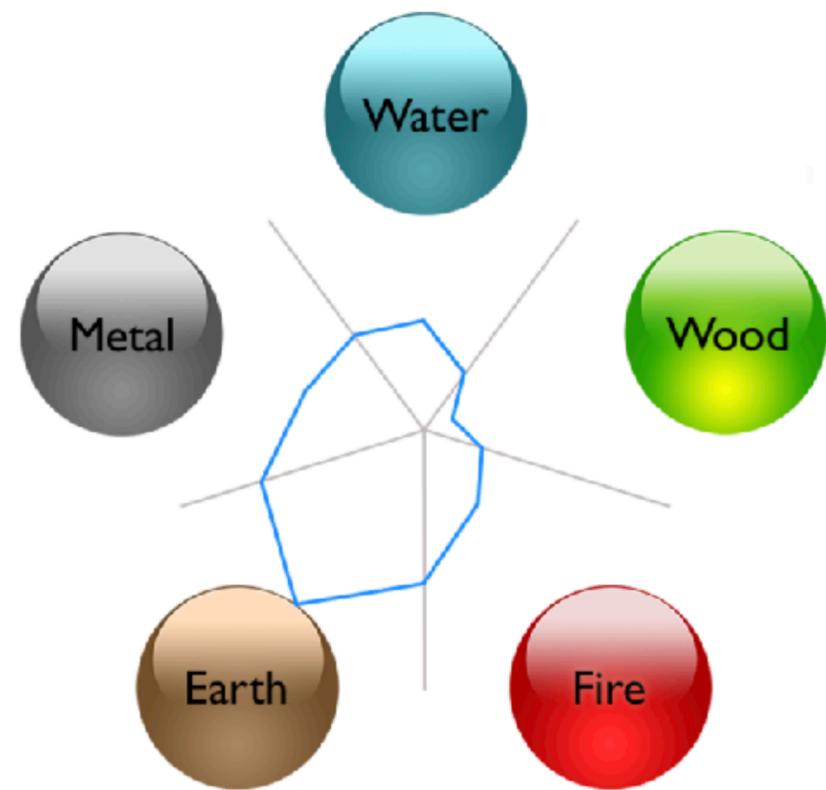
**Fire:** 34.3%

**Earth:** 28.6%

**Metal:** 2.9%



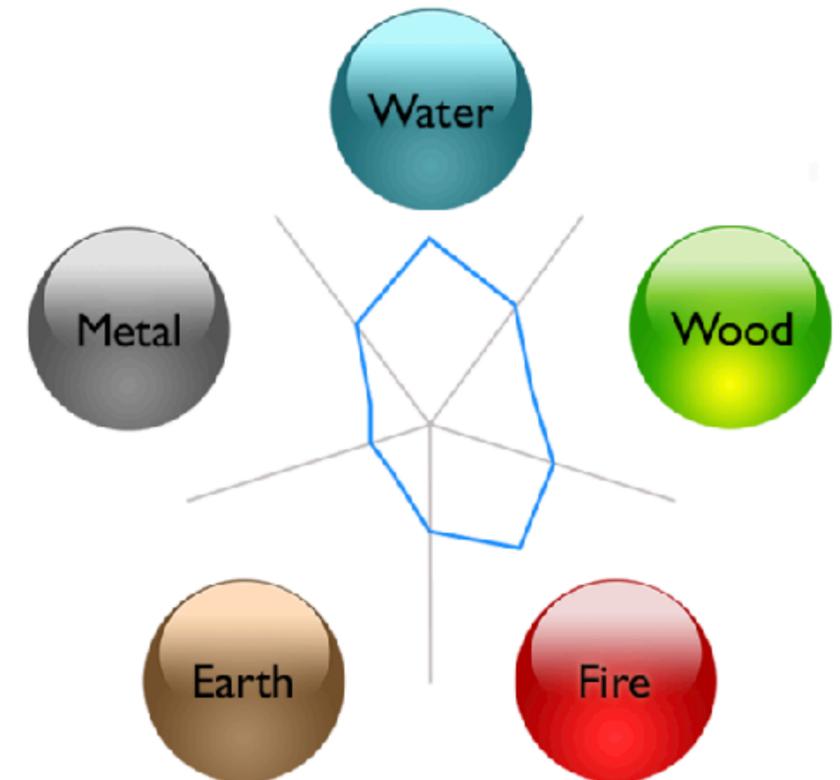
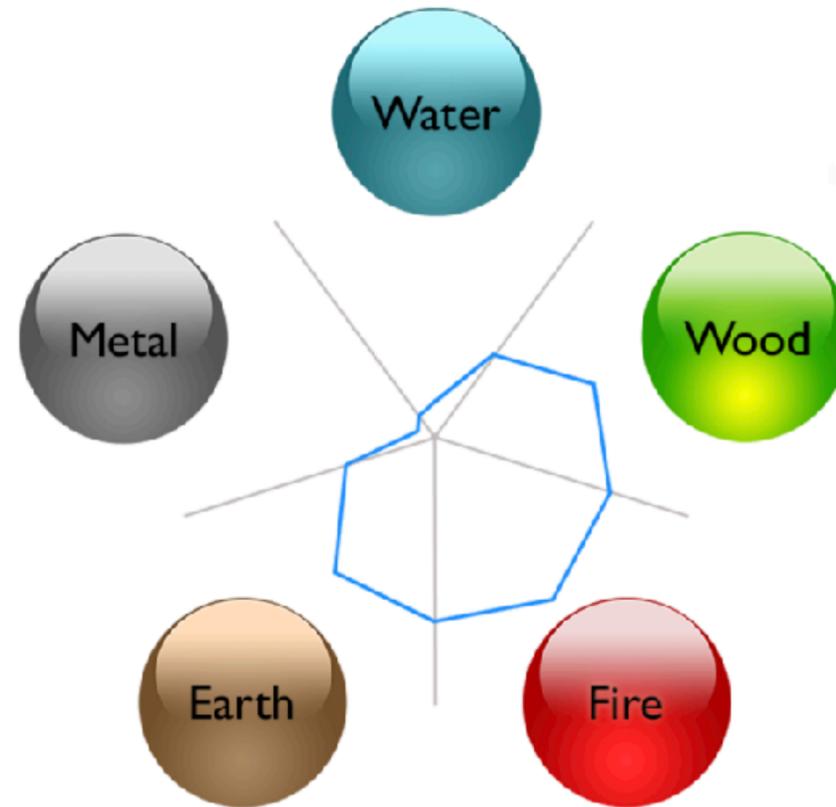
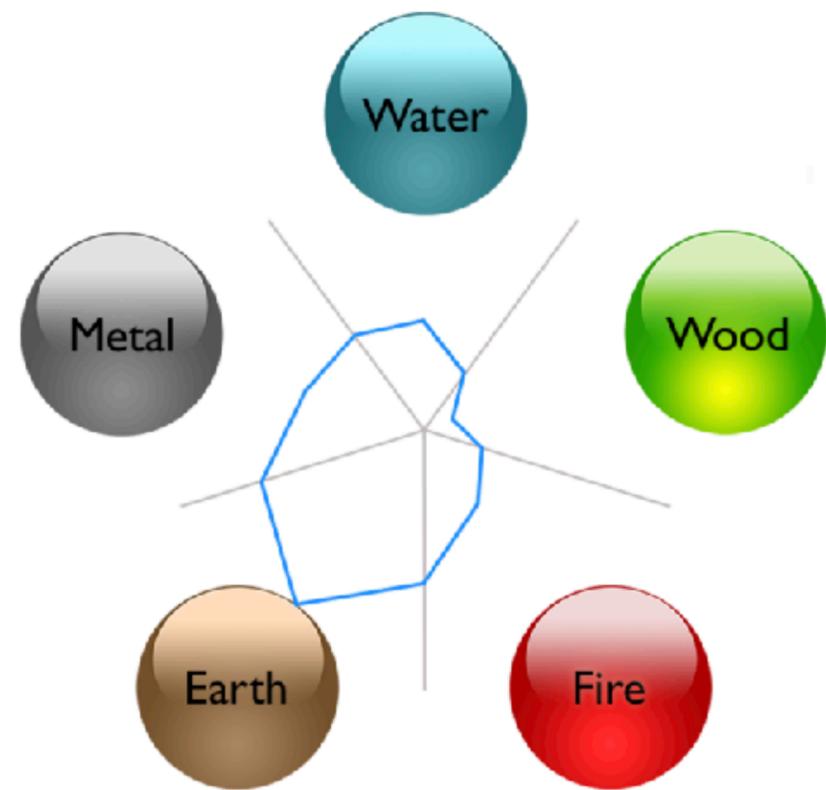
# THE Vitality TEST



# Our Focus or Way of Seeing the World



# THE Vitality TEST



# Our Blind Spots or Lack of Focus



# THE Vitality TEST

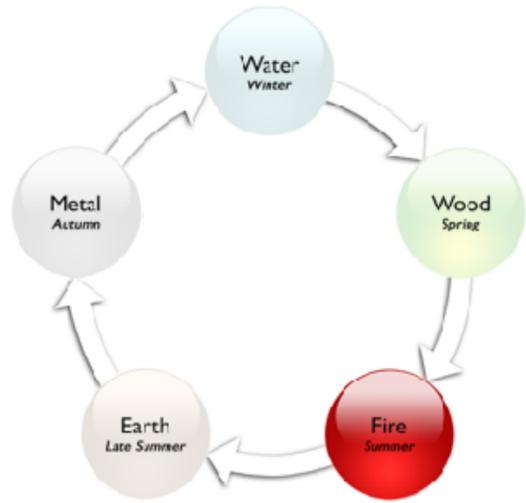
[www.FiveInstitute.com](http://www.FiveInstitute.com)



# Pull This Together



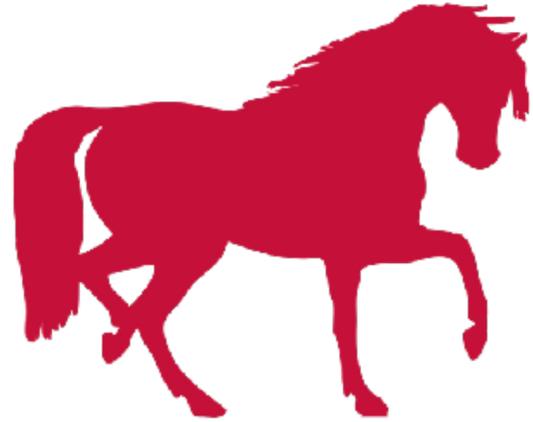
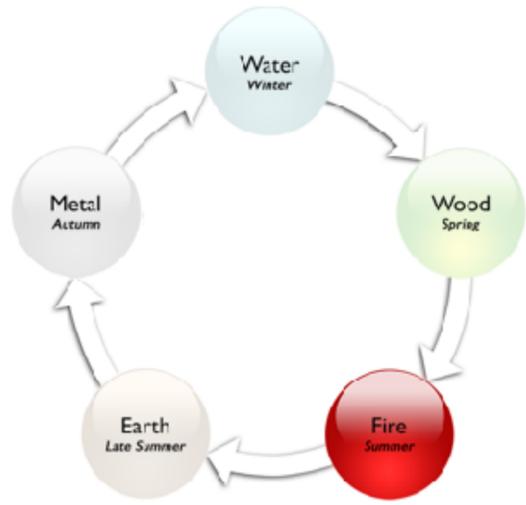
# Pull This Together



Year



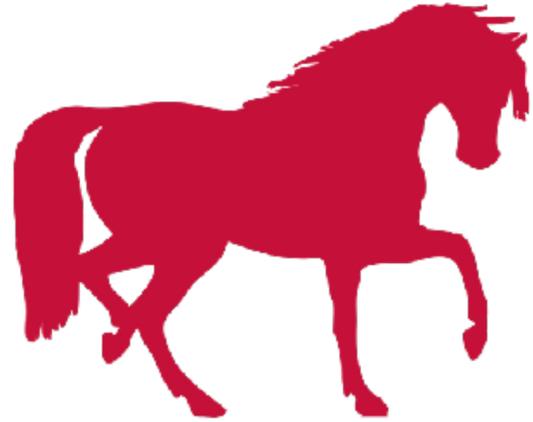
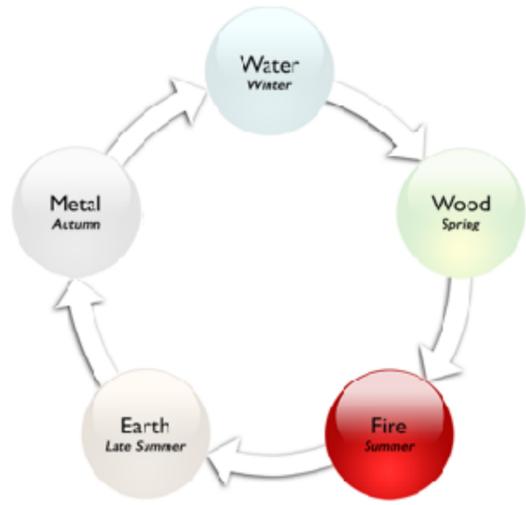
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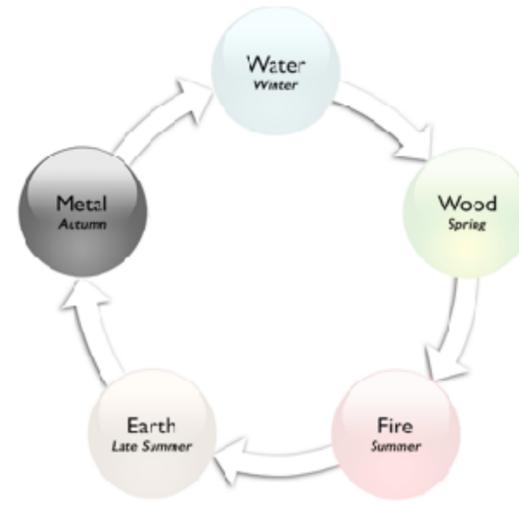
Year



# Pull This Together



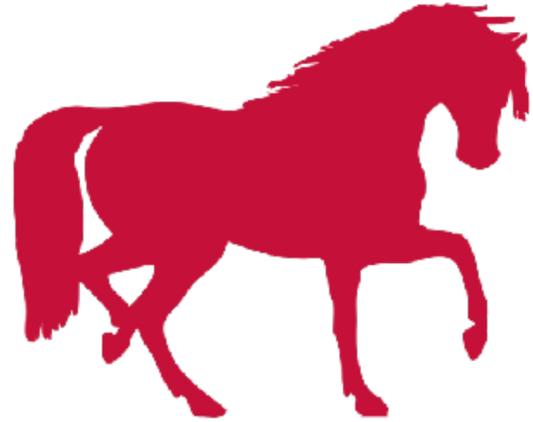
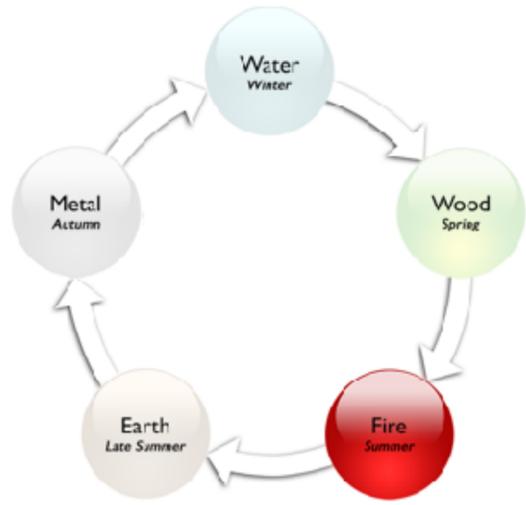
Year



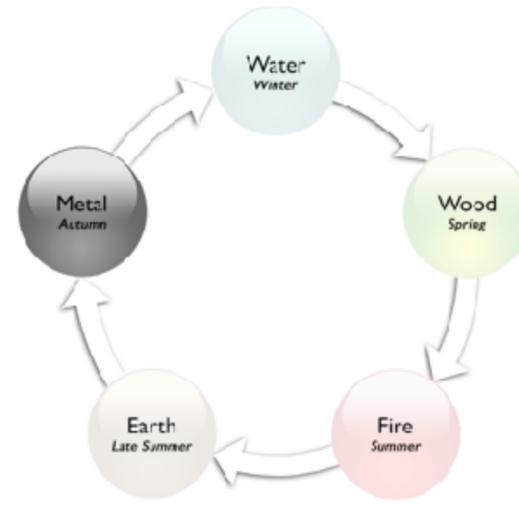
Block



# Pull This Together



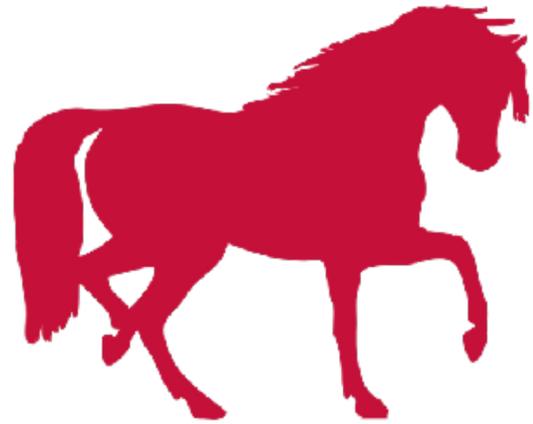
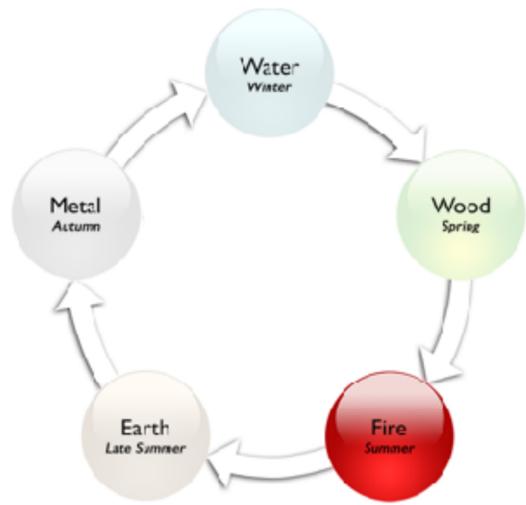
Year



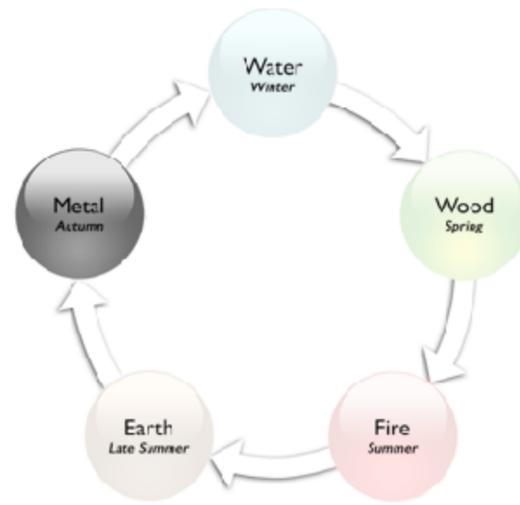
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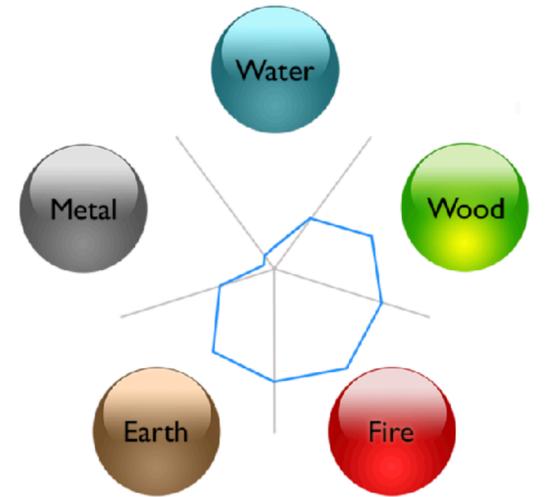
# Pull This Together



Year



Block



# What We're Going to Cover

**Part 1.** The Chinese Zodiac

**Part 2.** Understanding the Importance of Now

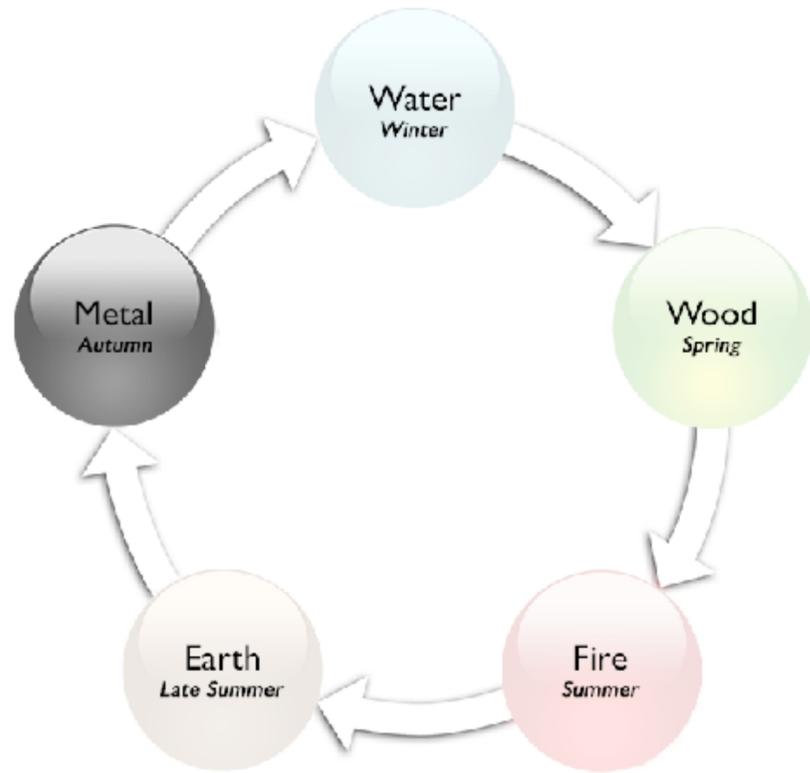
**Part 3.**

**Part 4.**



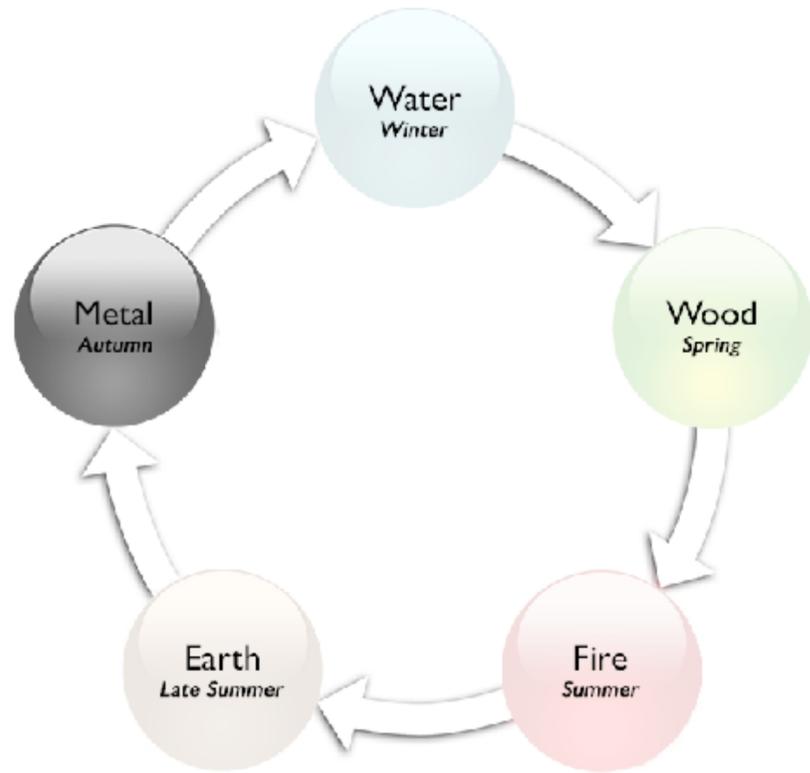
# Context Matters!



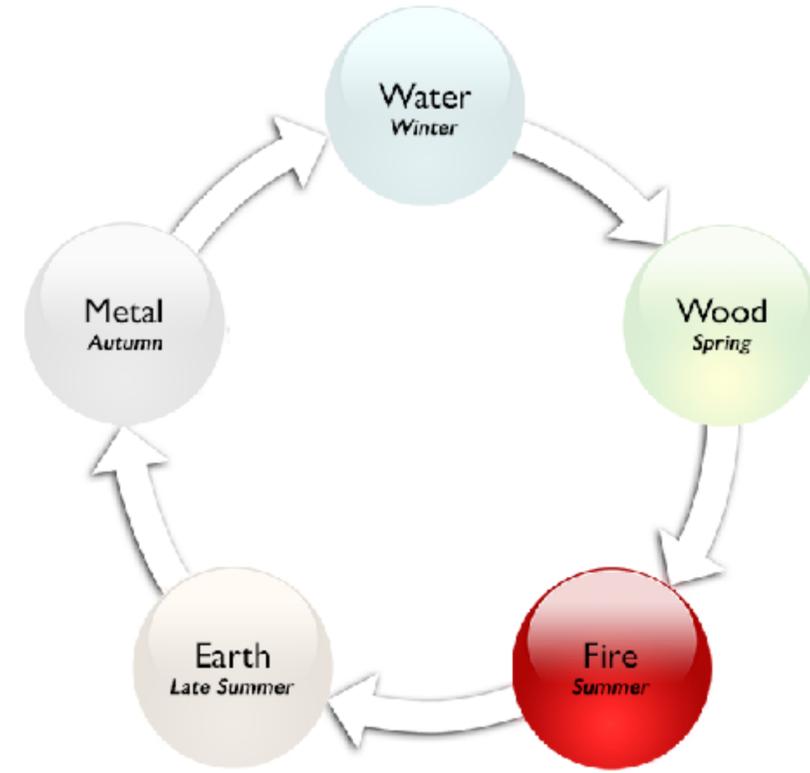


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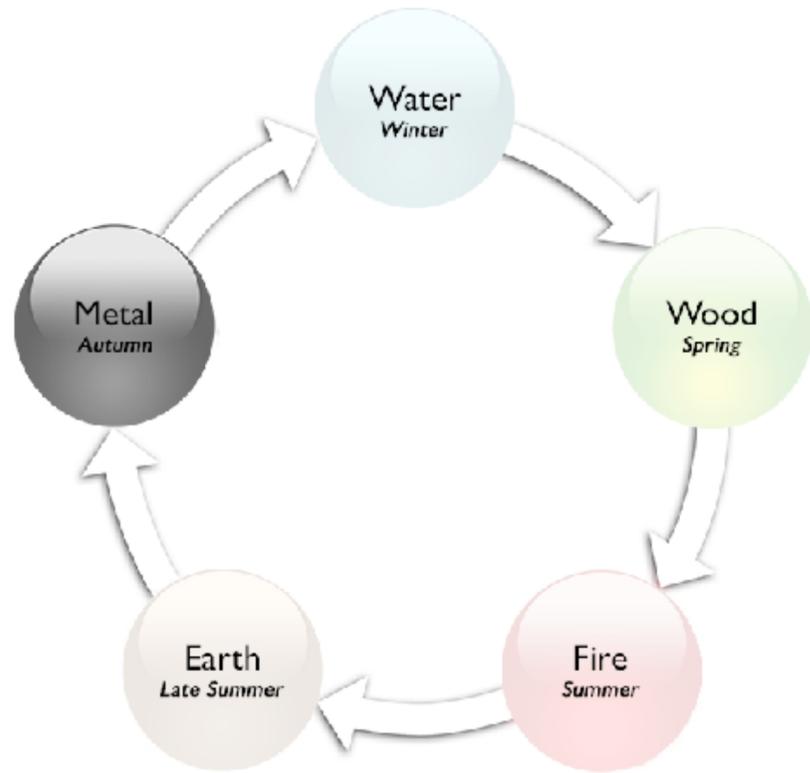


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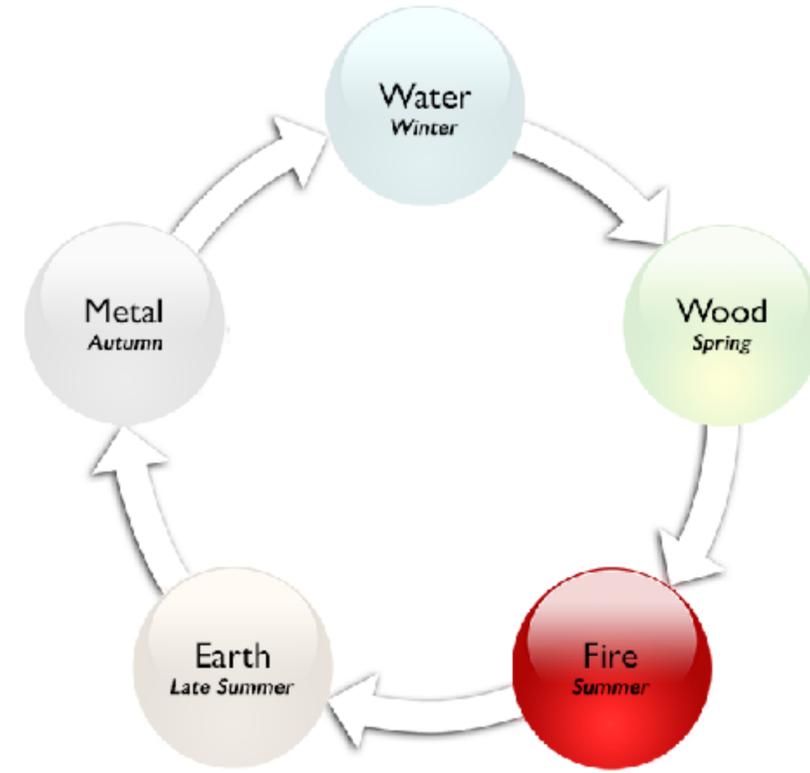
Year





Block

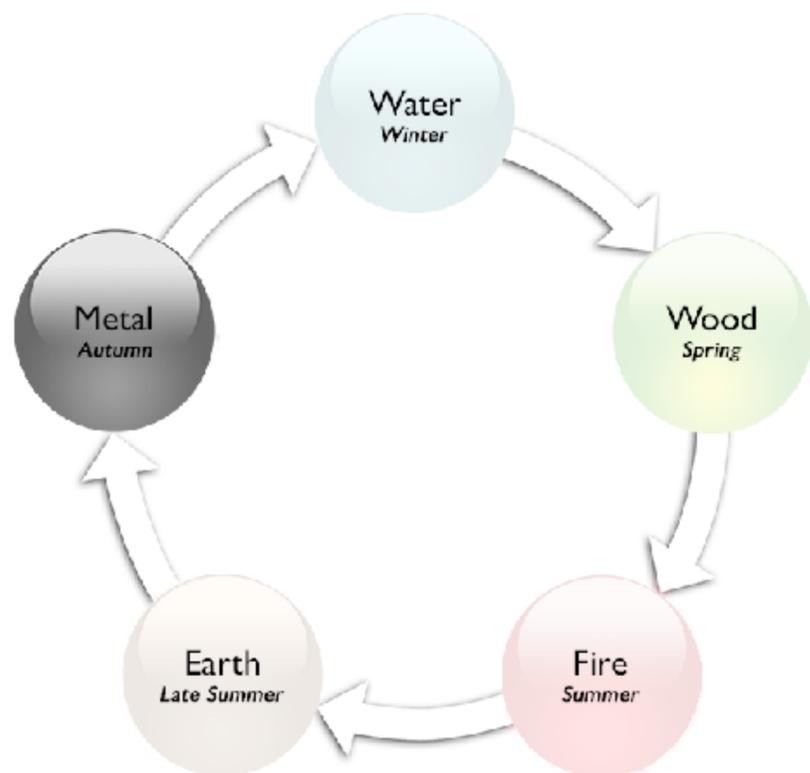
Ending



Year

Expanding





# Block



Rat



Ox



Tiger



Rabbit



Dragon



Snake



Horse



Goat



Monkey



Rooster



Dog



Pig









Out of the 60-year cycle, this is the most pivotal time and a decider for the future



complet. Il a trente a  
encore r. \* RÉVOLUTIF, IVE. adj.  
\* RÉVOLUTIF, IVE. adj.  
RÉVOLUTION. S.  
rouler). \* T. Géom. I  
corps autour d'un  
dré par la r.

# Tired Revolution



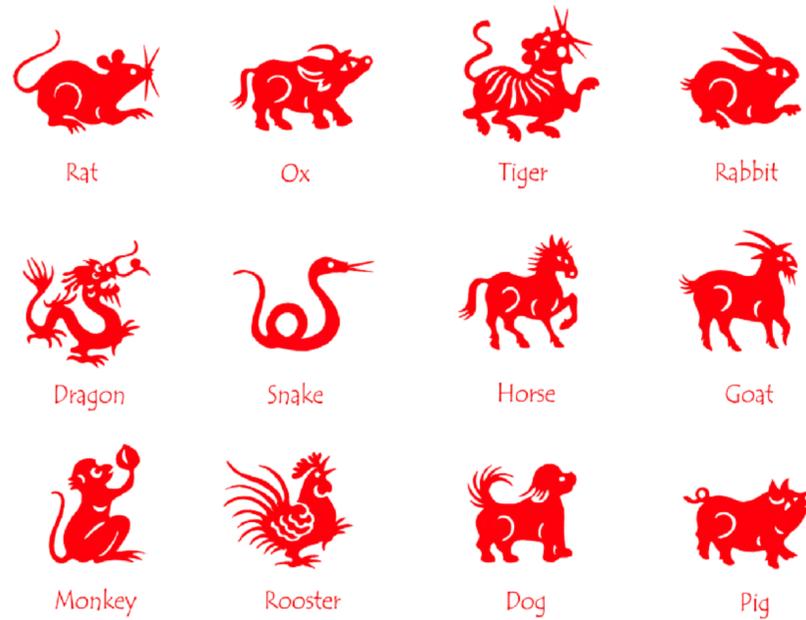
# Inspired Revolution



# Angry Revolution

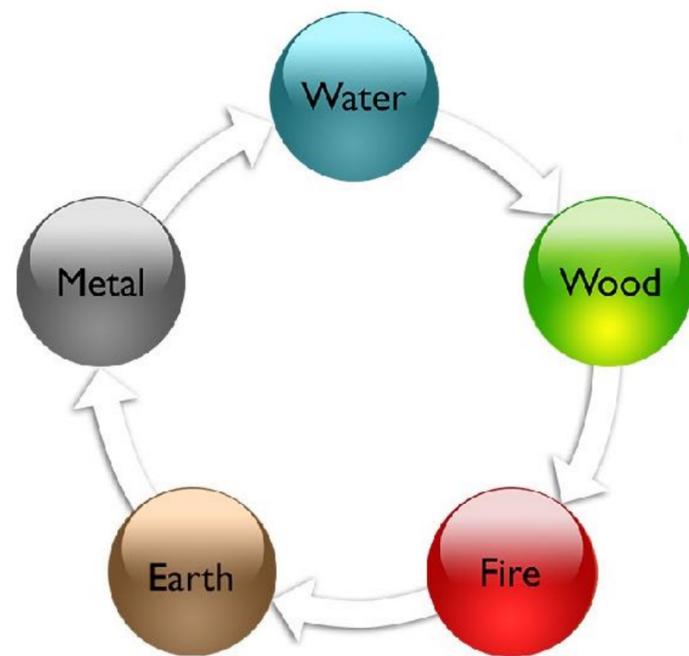


# The Chinese Zodiac



Each Year Occurs  
Once Every 60 Years

2026 = 1966









1966 was a tipping-point year



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Society moved from *asking for reform* to *questioning the entire system*.



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Society moved from *asking for reform* to *questioning the entire system*.

Identity, freedom, and equality became central themes.



# 1966 was a tipping-point year

Society moved from *asking for reform* to *questioning the entire system*.

Identity, freedom, and equality became central themes.

The idea that individuals could (and should) reshape society gained momentum.



Like the 1960's, we're in a time of  
revolution and challenging norms

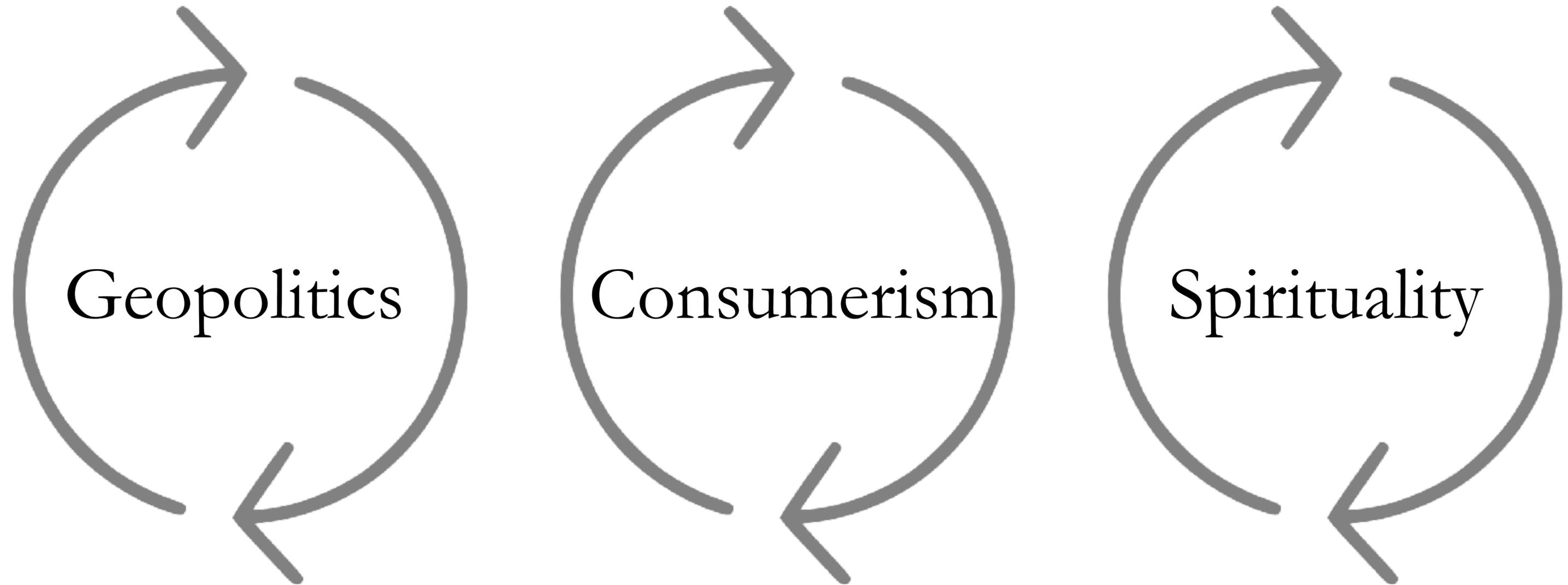


Like the 1960's, we're in a time of  
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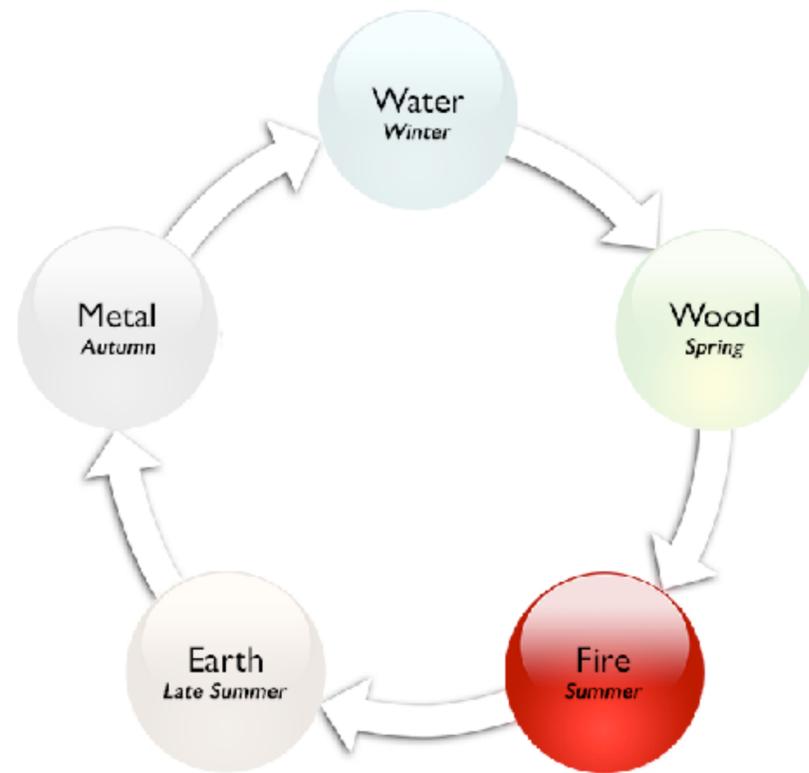
**But on Steroids!**



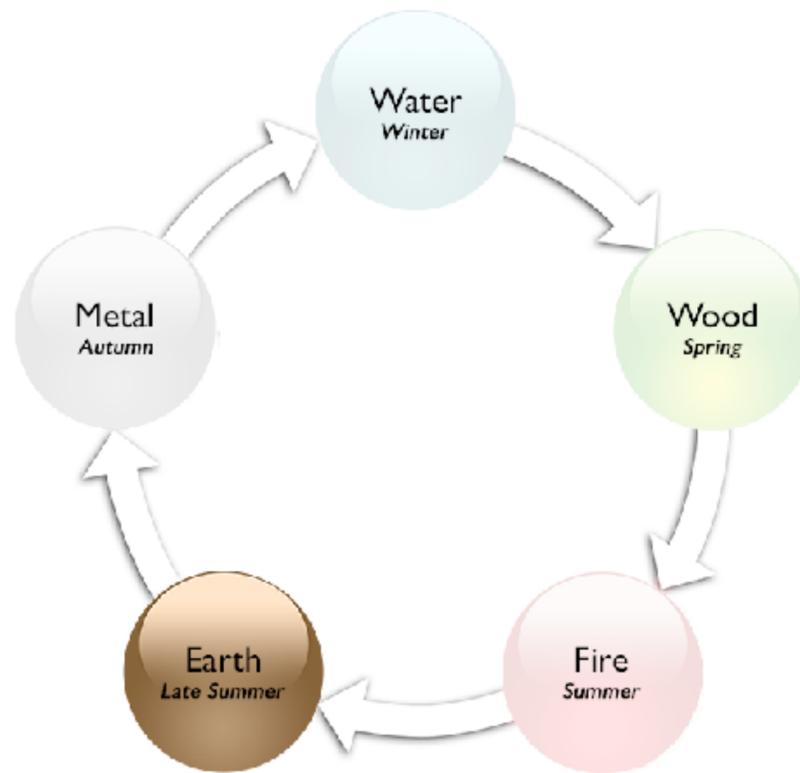
# Cycles of Time & Humanity



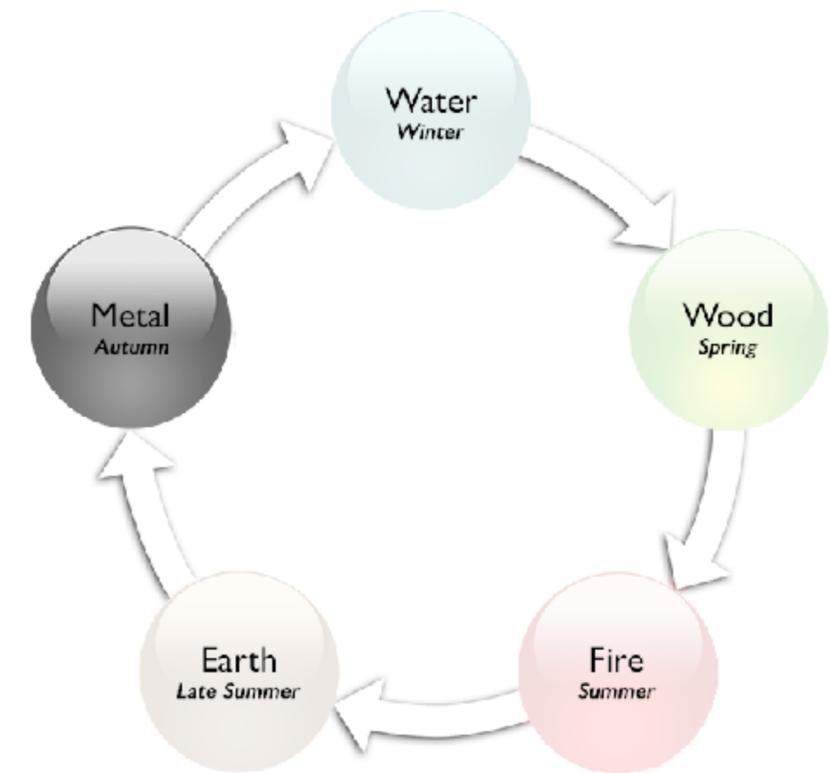
# Cycles of Time & Humanity



Geopolitics



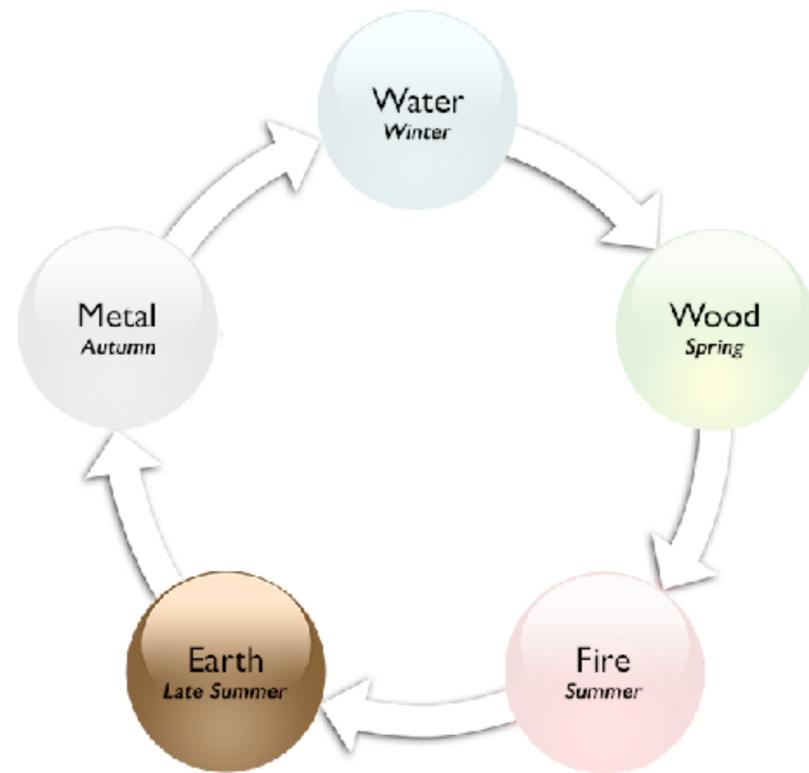
Consumerism



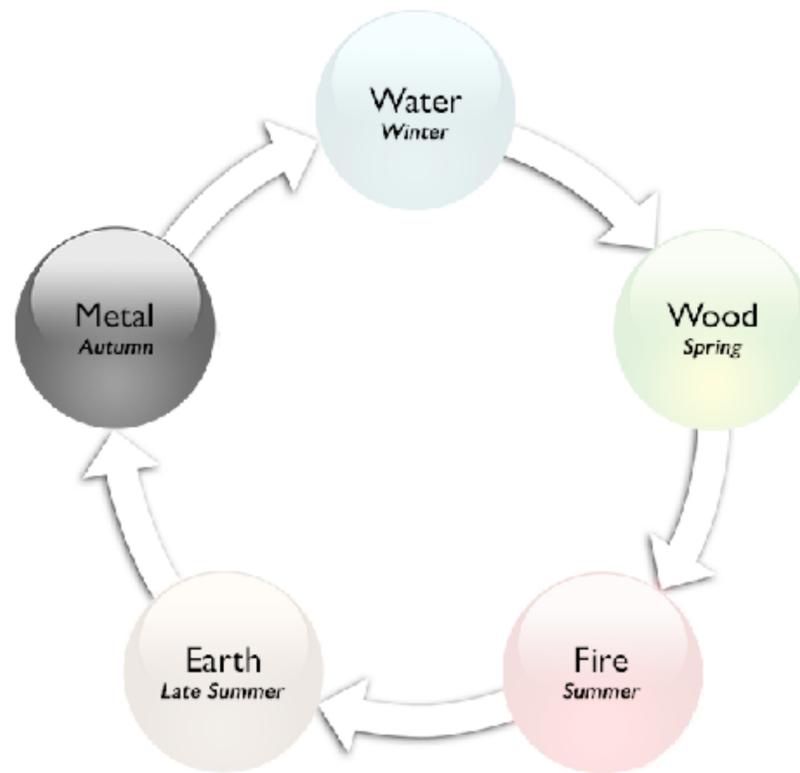
Spirituality



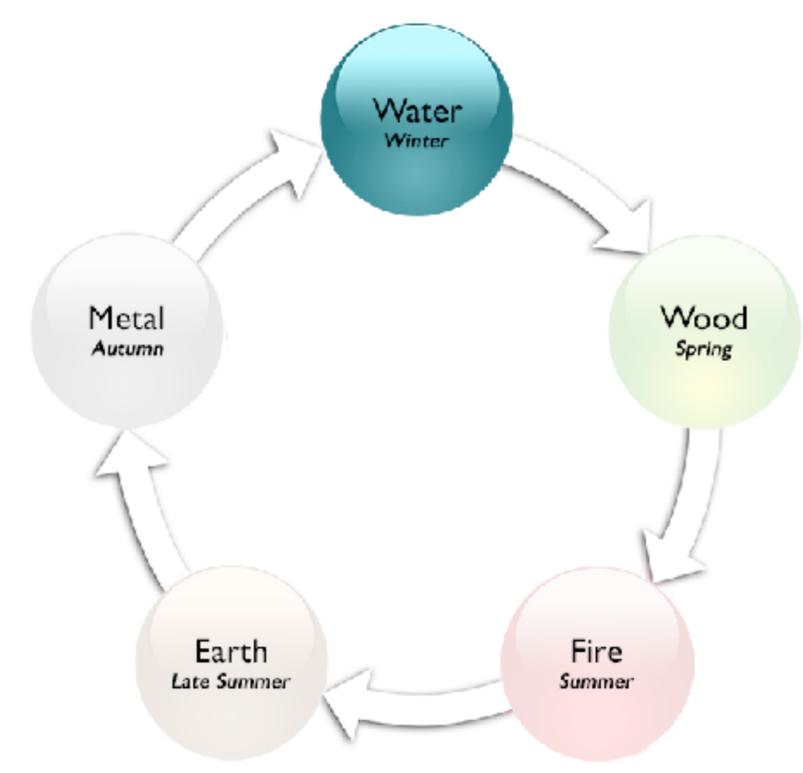
# Cycles of Time & Humanity



Geopolitics



Consumerism



Spirituality



THIS IS BIG



THIS IS BIG





This is the age  
of the  
Experienced



But also a time  
of great doubt



# Uncertainty & Confusion



# What is coming in the Year of the Wood Snake?



2025 was the best year  
to let go of many  
things and to release  
your Limiting Beliefs

# Reflection & Recognition

What did you let go of in 2025?

And how could that revolutionise your life?



# What We're Going to Cover

**Part 1.** The Chinese Zodiac

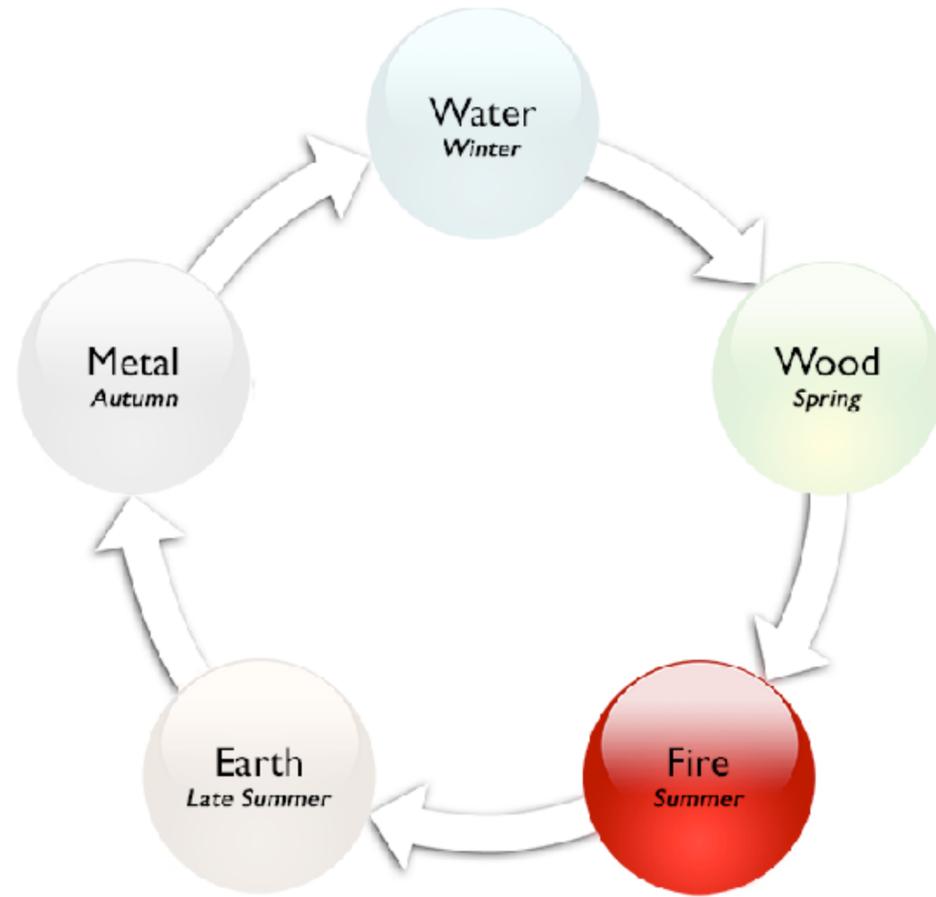
**Part 2.** Understanding the Importance of Now

**Part 3.** Your Three Guiding Principles For 2026

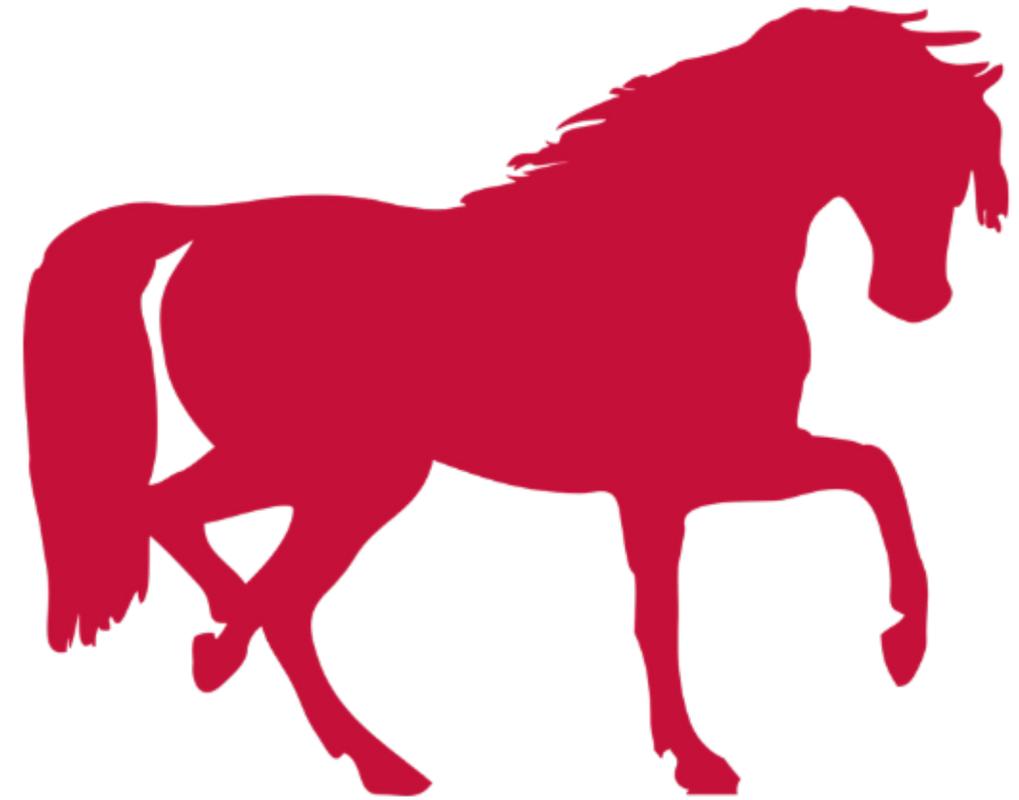
**Part 4.**



# Your Three Guiding Principles For 2026



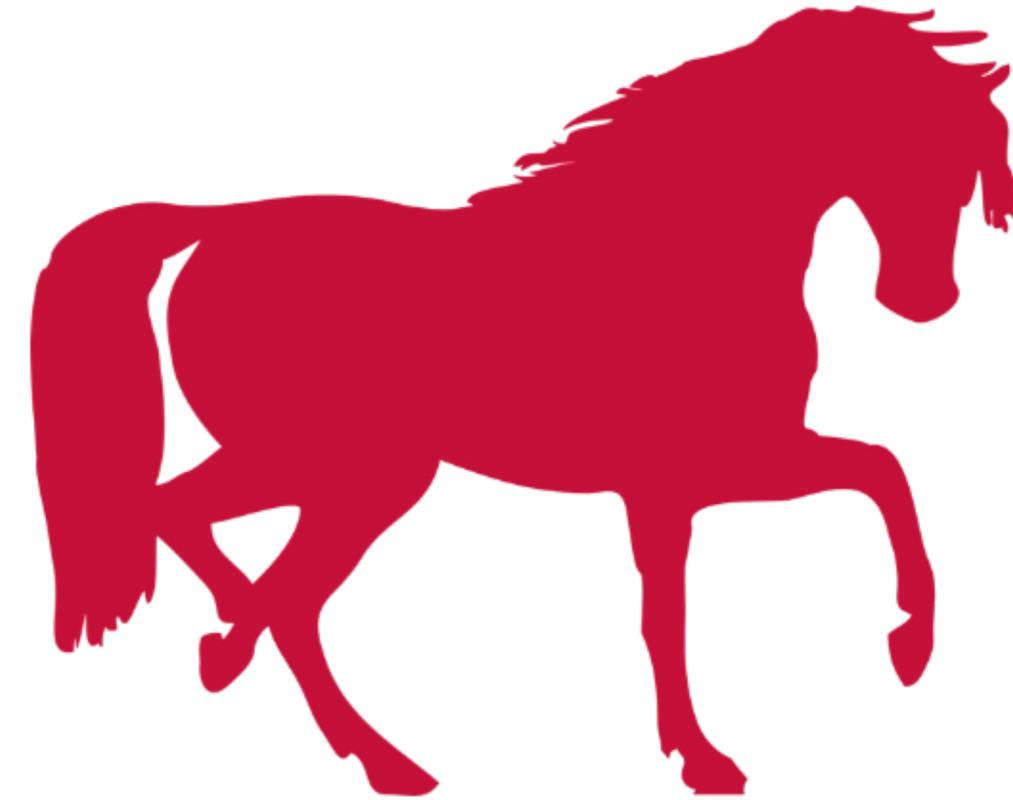
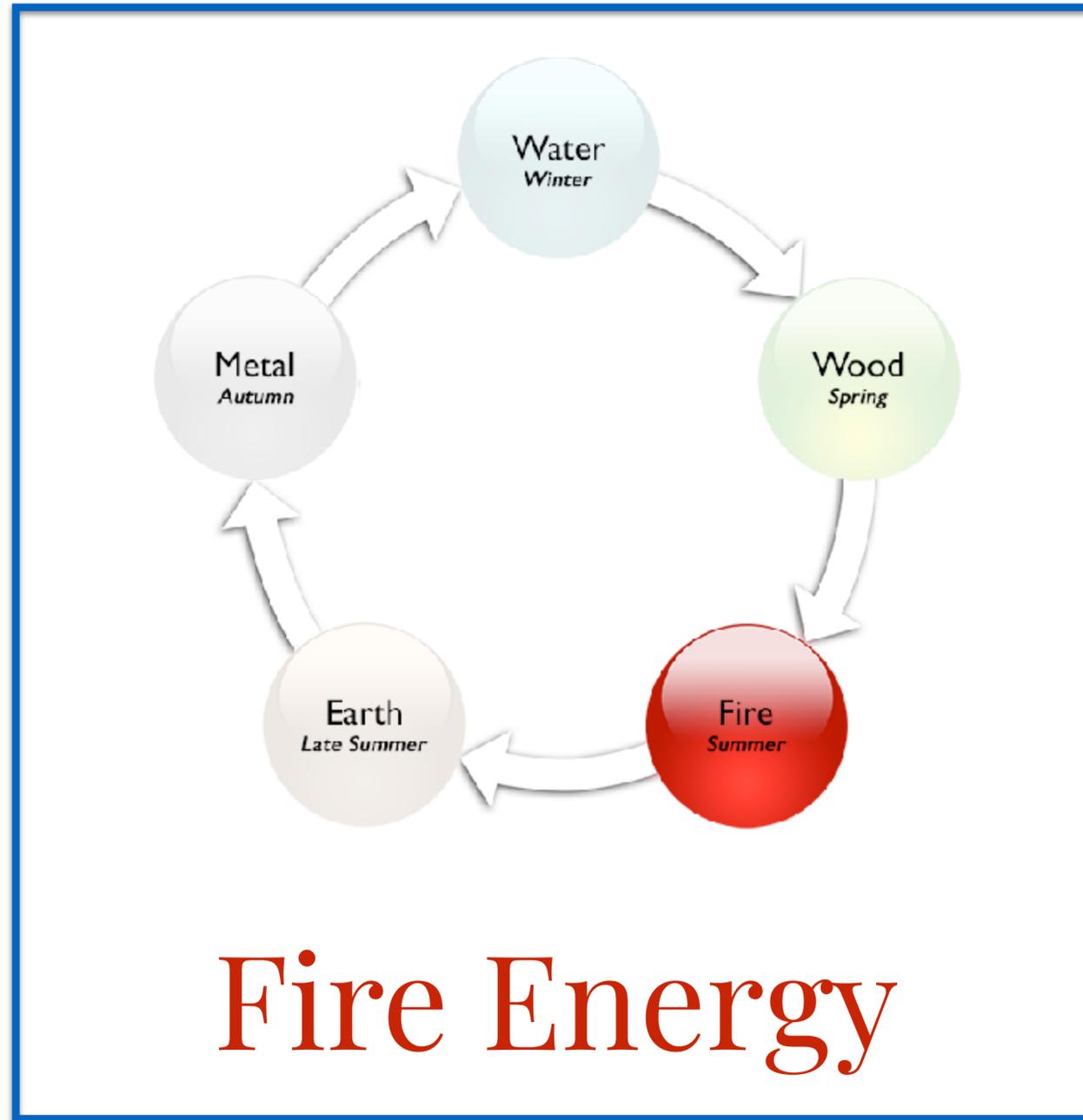
Fire Energy



Horse



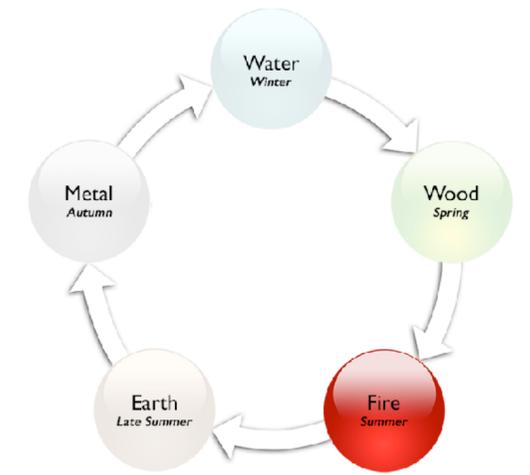
# Your Three Guiding Principles For 2026



**Horse**



# The Essence of the Fire Energy



1.

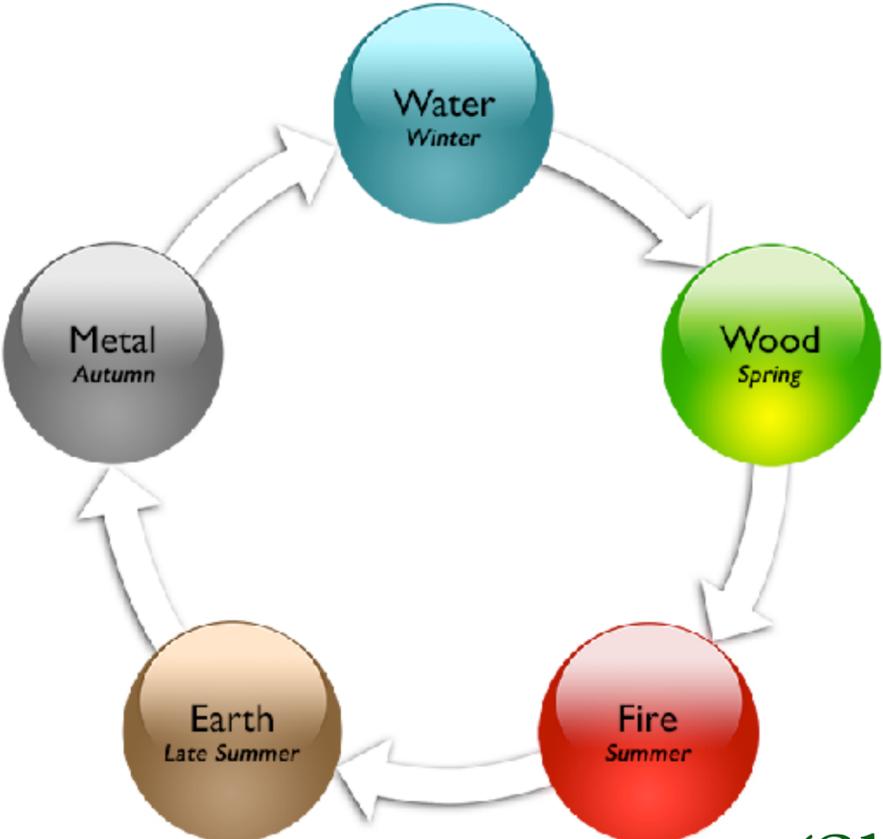
2.

3.



(Zhi) Purpose & Will Power

(Po) Unconscious  
Mind +



(Hun) Imagination

(Yi) Intellect

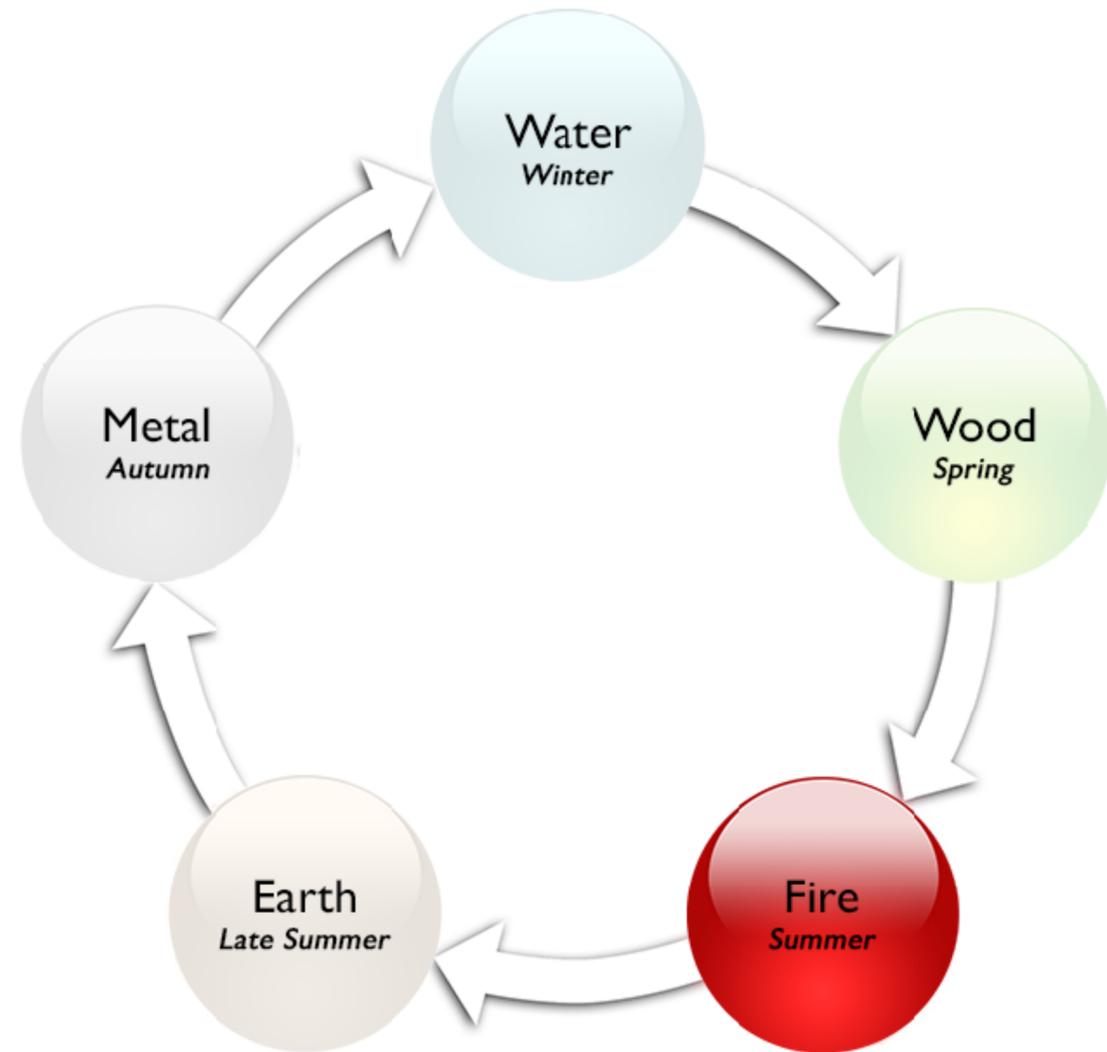
(Shen) Conscious  
Mind + Heart



# The Spirit Of Fire Energy

▶ Shen (Conscious Mind +)

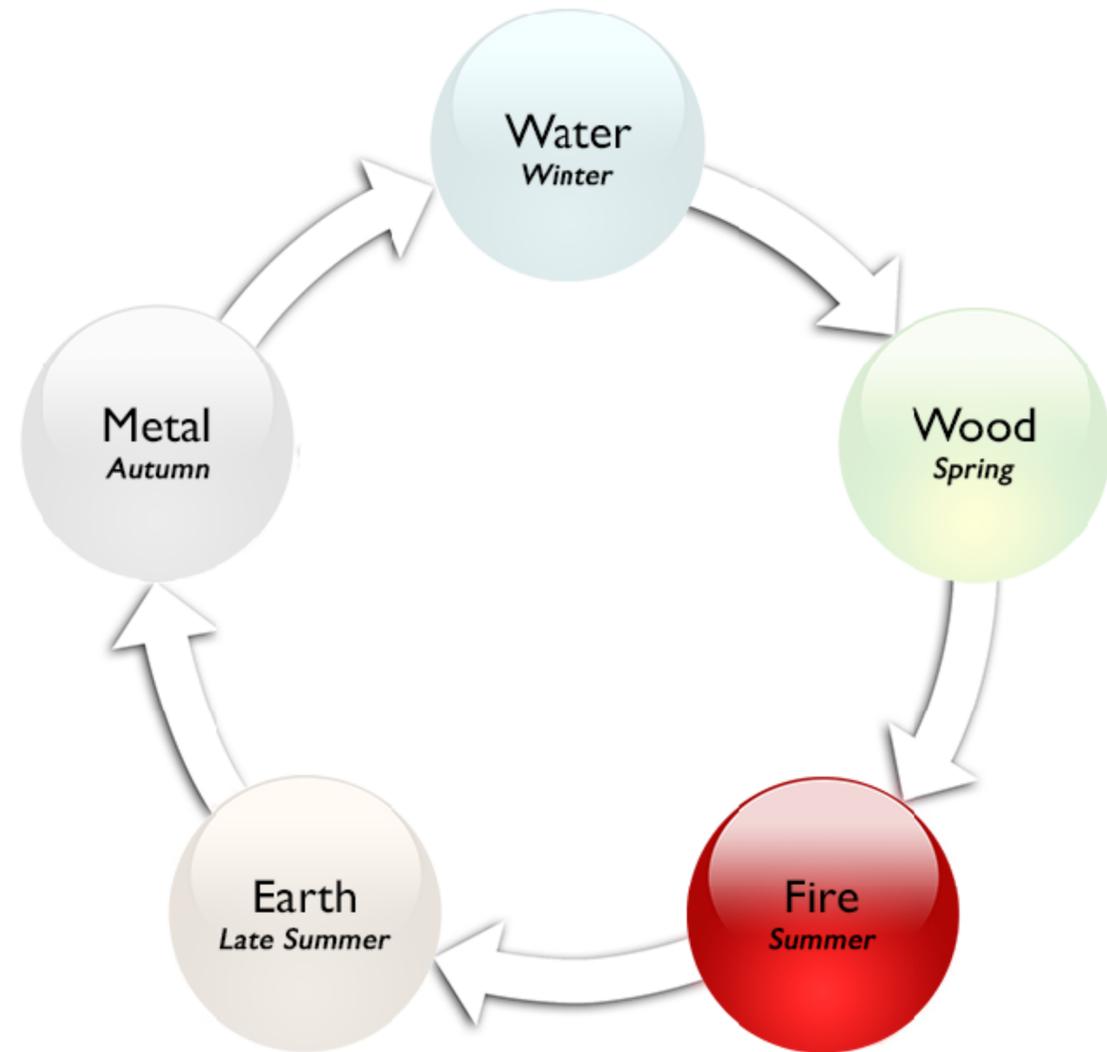
神



# The Spirit Of Fire Energy

▶ Shen (Conscious Mind +)

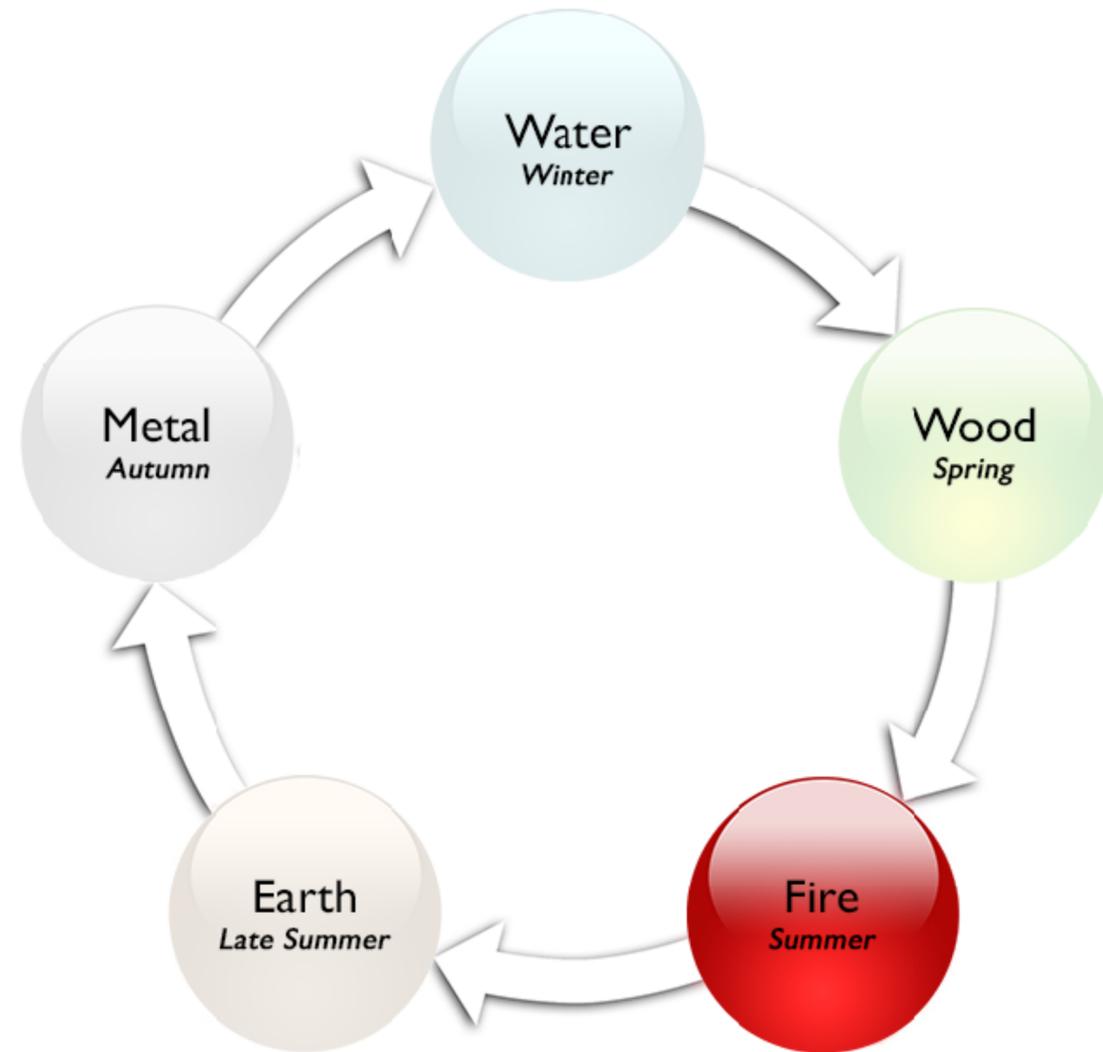
神



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▶ Shen (Conscious Mind +)

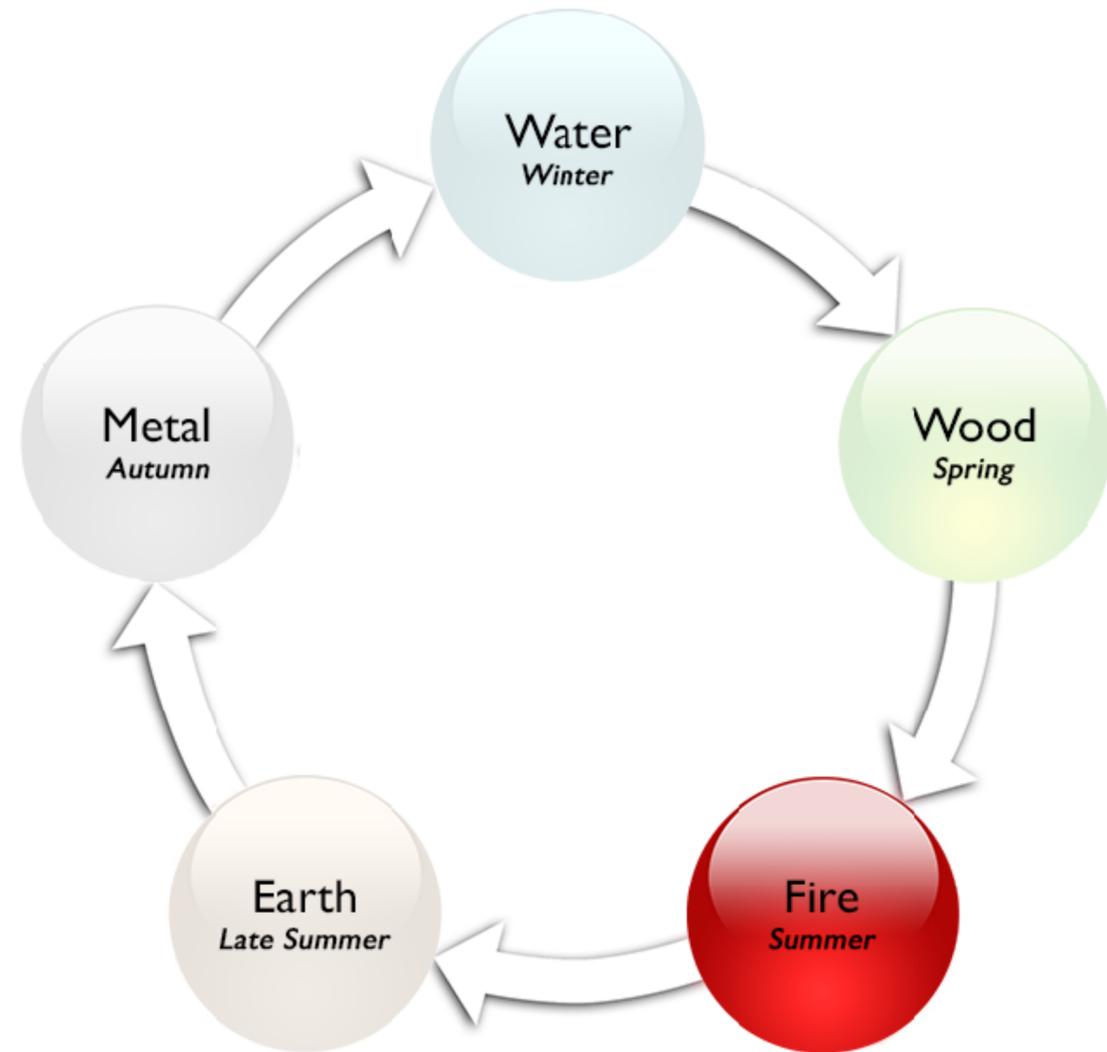
神



# The Spirit Of Fire Energy

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神



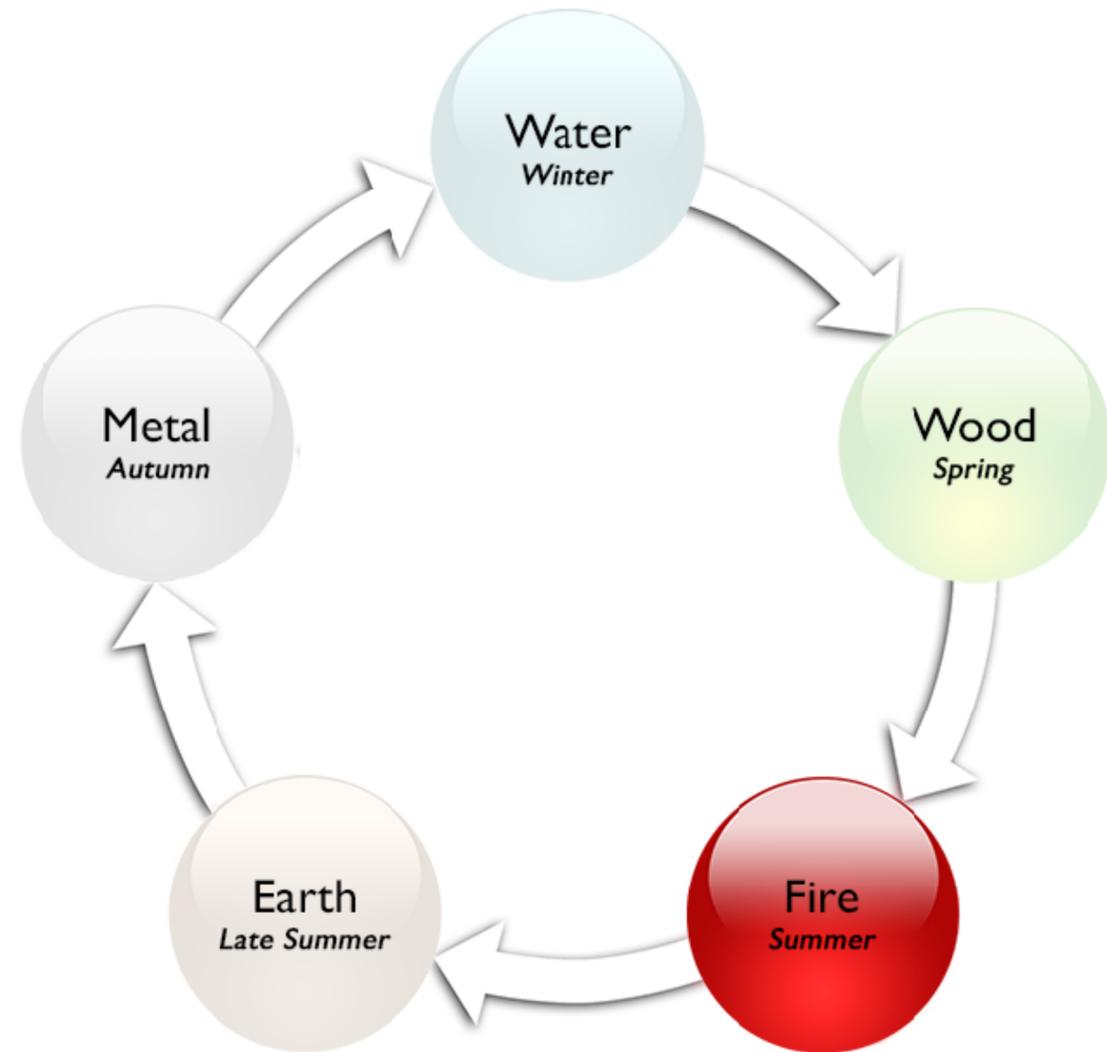
# The Spirit Of Fire Energy

- ▶ Shen (Conscious Mind +)

神

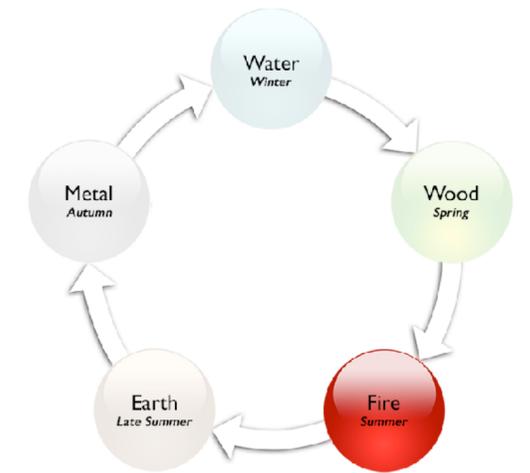
- ▶ Xin (Heart - Mind)

心





# The Essence of the Fire Energy



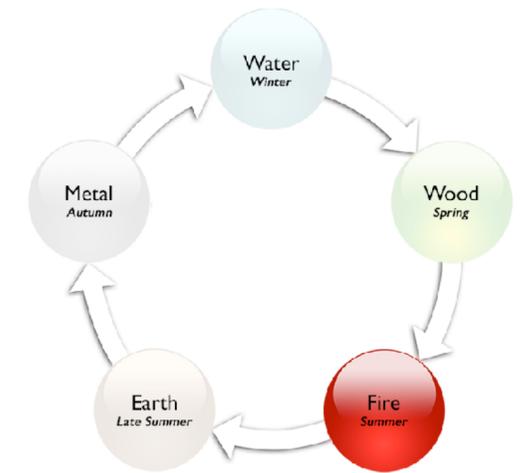
1. Expansive, Enlightening, Warming

2.

3.



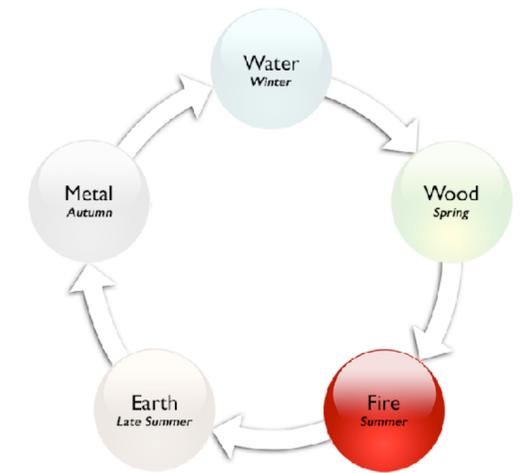
# The Essence of the Fire Energy



1. Expansive, Enlightening, Warming
2. Focus, Selection and Communication
- 3.



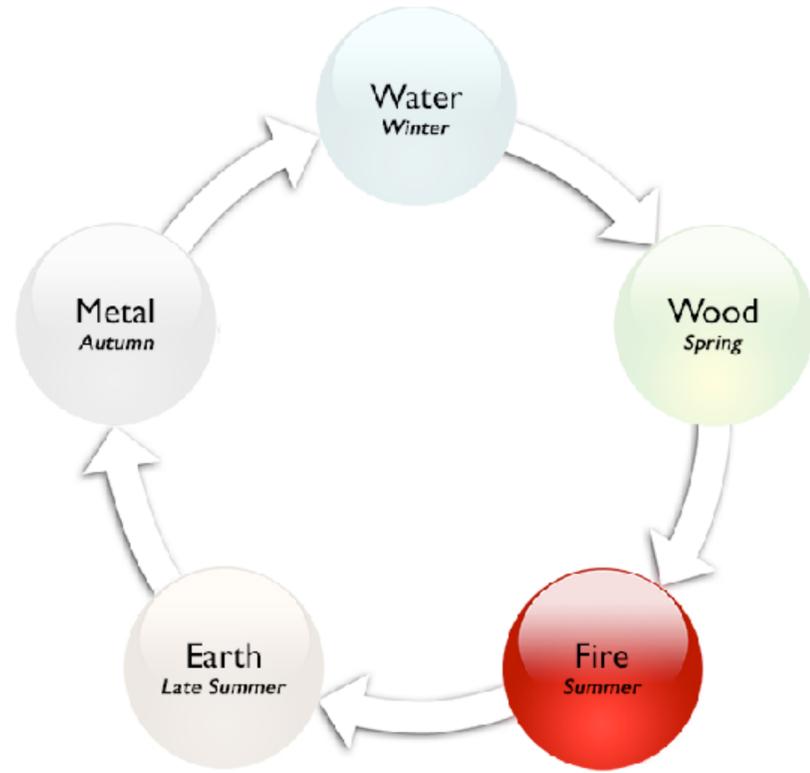
# The Essence of the Fire Energy



- 1.** Expansive, Enlightening, Warming
- 2.** Focus, Selection and Communication
- 3.** Love, Joy, Happiness and Expressing Emotions

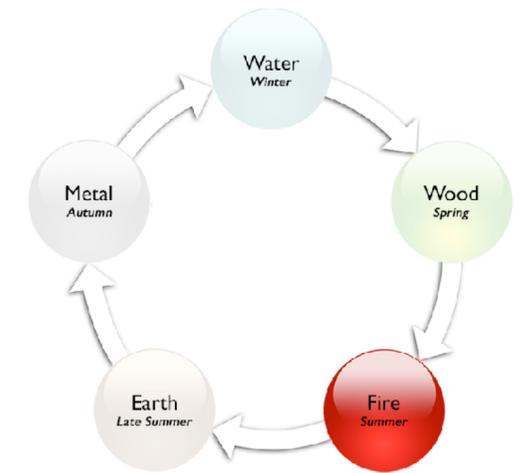


# Fire Energy



► **Big Question: Am I loved/appreciated? Do I bring Joy?**

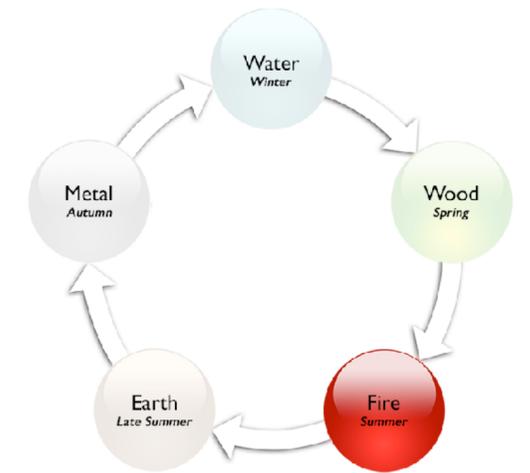
# The Essence of the Fire Energy



- 1.** Expansive, Enlightening, Warming
- 2.** Focus, Selection and Communication
- 3.** Love, Joy, Happiness and Expressing Emotions



# The Essence of the Fire Energy

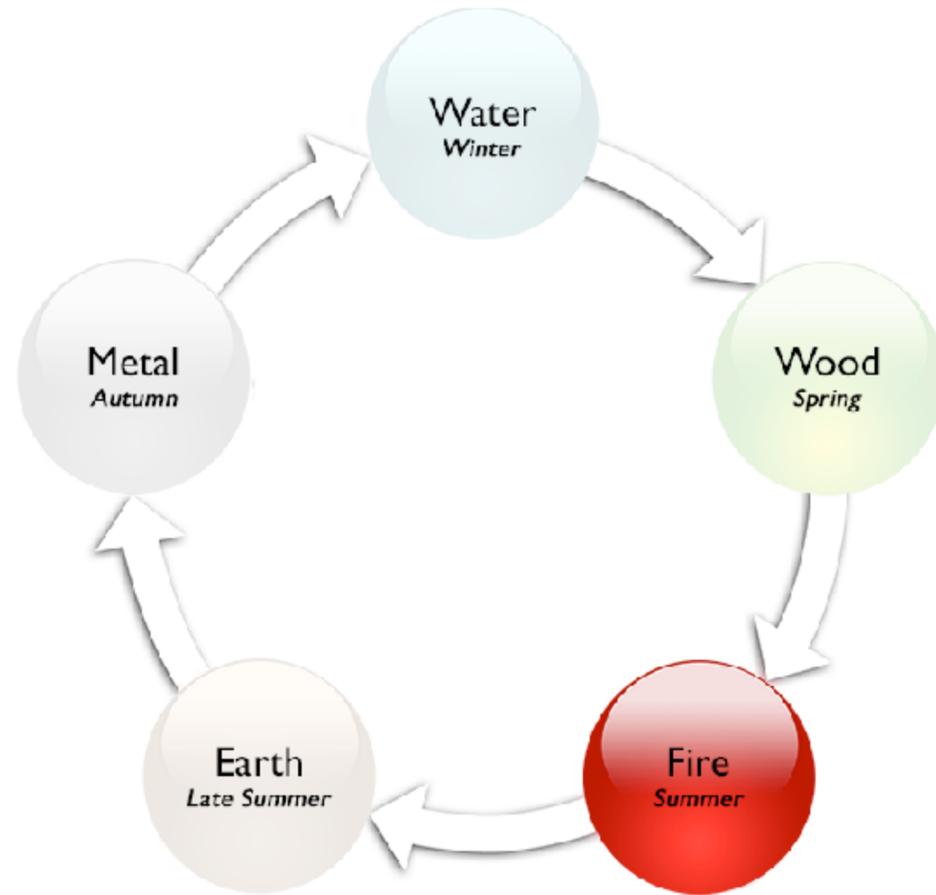


1. Expansive, Enlightening, Warming
2. Focus, Selection and Communication
3. Love, Joy, Happiness and Expressing Emotions

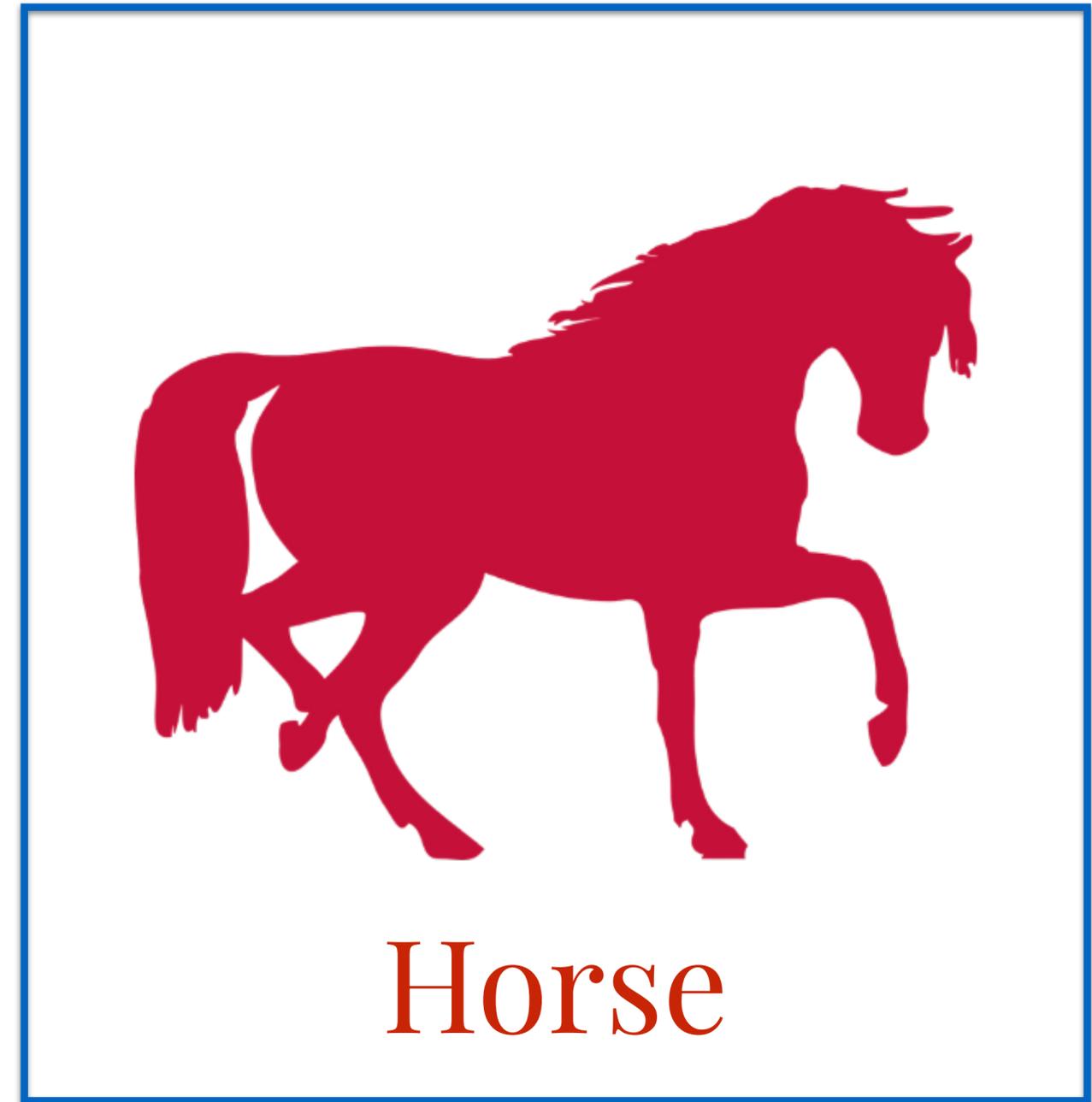
Conscious Mind - The Sovereign Ruler



# Your Three Guiding Principles For 2026



Fire Energy



Horse



# The Chinese Zodiac



Rat



Ox



Tiger



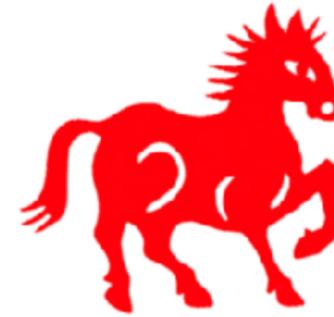
Rabbit



Dragon



Snake



Horse



Goat



Monkey



Rooster



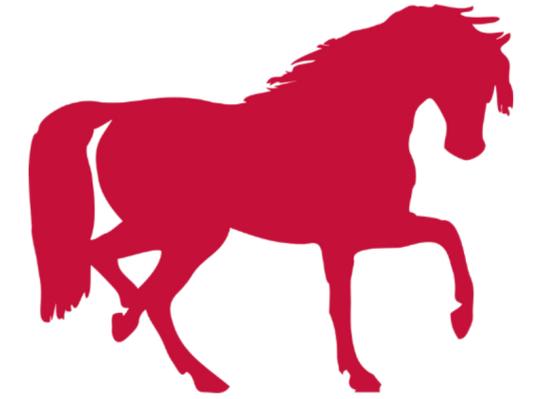
Dog



Pig



# The Essence of the Horse



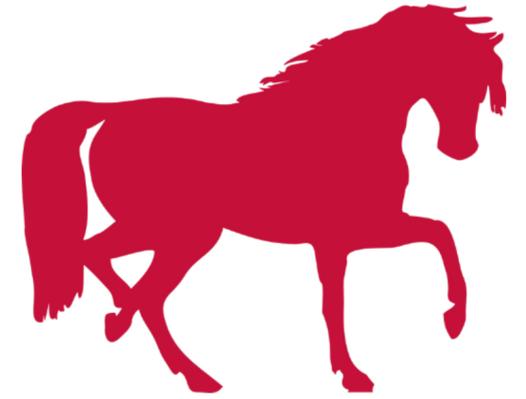
**1.**

**2.**

**3.**



# The Essence of the Horse



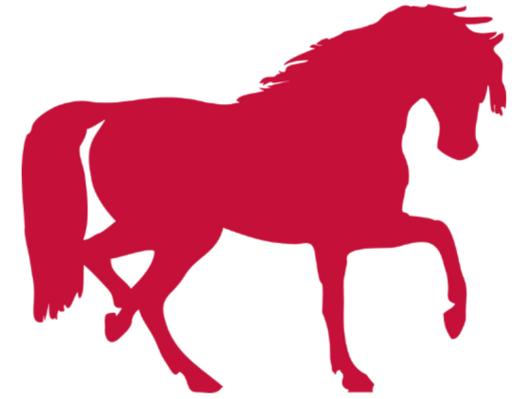
1. Gets stuff done! Powerful, Moves Forward.

2.

3.



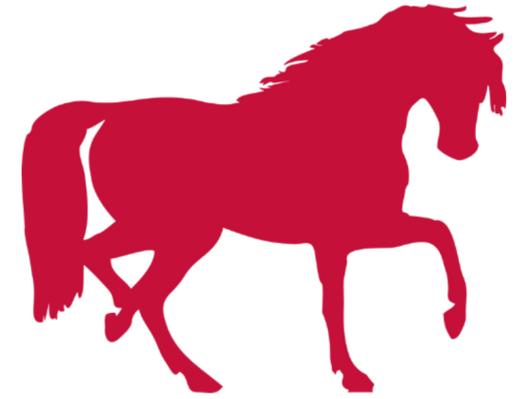
# The Essence of the Horse



1. Gets stuff done! Powerful, Moves Forward.
2. Competitive and a Desire to Prove
- 3.



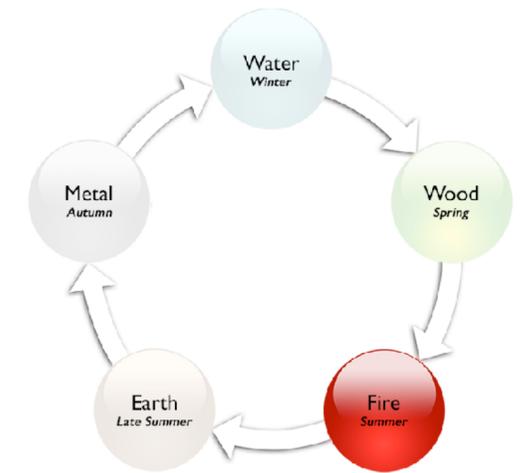
# The Essence of the Horse



1. Gets stuff done! Powerful, Moves Forward.
2. Competitive and a Desire to Prove
3. Unyielding, decisive, not phased by mistakes



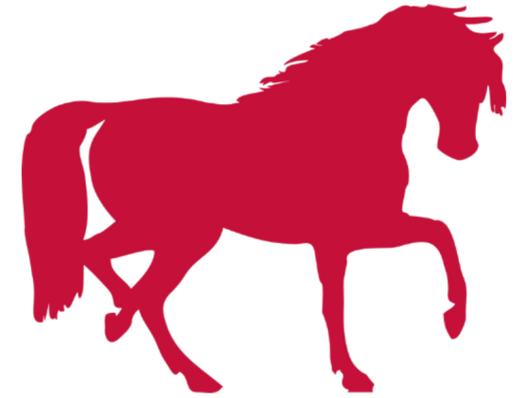
# The Essence of the Fire Energy



- 1.** Expansive, Enlightening, Warming
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- 3.** Love, Joy, Happiness and Expressing Emotions



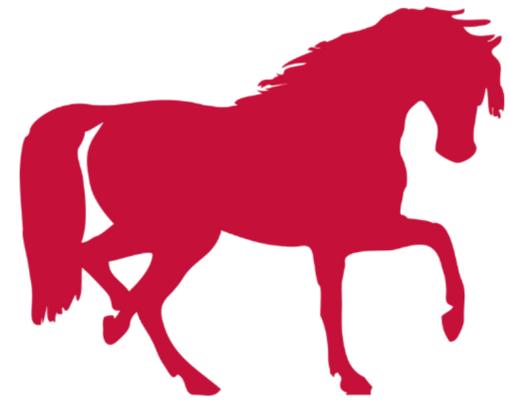
# The Essence of the Horse



1. Gets stuff done! Powerful, Moves Forward.
2. Competitive and a Desire to Prove
3. Unyielding, decisive, not phased by mistakes



# Pulling This Together



Expansive, Enlightening, Warming

Focus, Selection and Communication

Love, Joy, Happiness and Expressing Emotions

Gets stuff done! Powerful, Moves Forward.

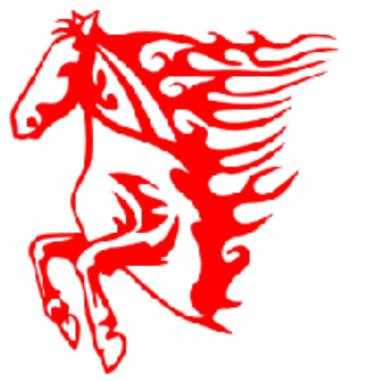
Competitive and a Desire to Prove

Unyielding, decisive, not phased by mistakes





# 2026: Your Three Guiding Principles

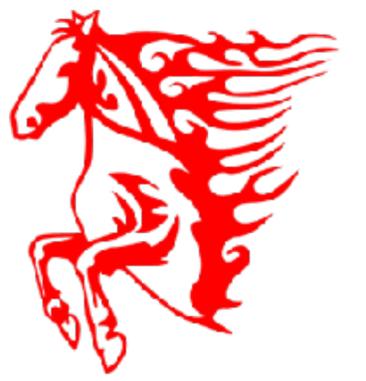


**1.**

**2.**

**3.**

# 2026: Your Three Guiding Principles

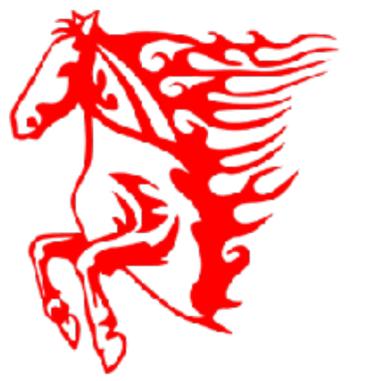


**1.** Choose Love and Be Committed - Stay Focused!

**2.**

**3.**

# 2026: Your Three Guiding Principles



1. Choose Love and Be Committed - Stay Focused!  
High Vibration Think/Talk - In and Out.

**2.**

**3.**

# 2026 Fire Horse



# 2026 Fire Horse



FEAR

# 2026 Fire Horse

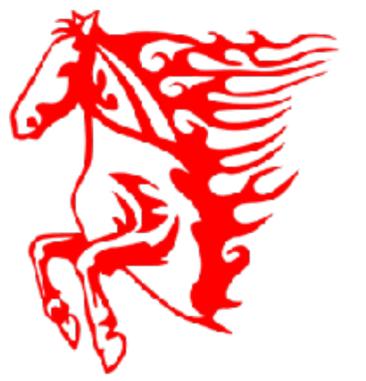
# Love

# Fear





# 2026: Your Three Guiding Principles

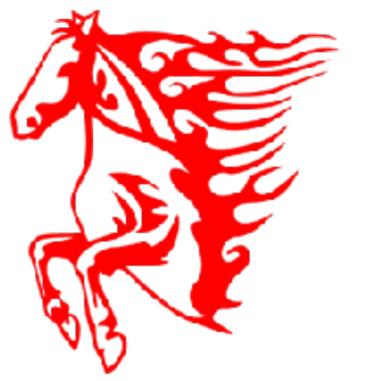


1. Choose Love and Be Committed - Stay Focused!  
High Vibration Think/Talk - In and Out.

**2.**

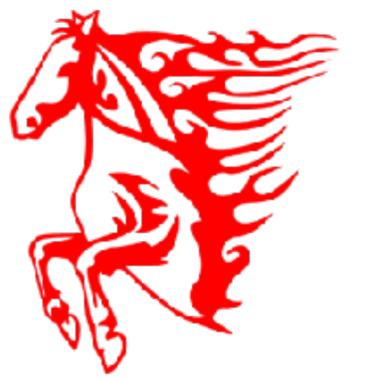
**3.**

# 2026: Your Three Guiding Principles



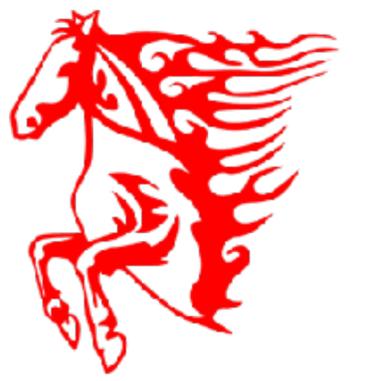
- 1.** Choose Love and Be Committed - Stay Focused!  
High Vibration Think/Talk - In and Out.
- 2.** Take action and move forward to becoming
- 3.**

# 2026: Your Three Guiding Principles



- 1.** Choose Love and Be Committed - Stay Focused!  
High Vibration Think/Talk - In and Out.
- 2.** Take action and move forward to becoming  
Be selective & release to lighten the load
- 3.**

# 2026: Your Three Guiding Principles



- 1.** Choose Love and Be Committed - Stay Focused!  
High Vibration Think/Talk - In and Out.
- 2.** Take action and move forward to becoming  
Be selective & release to lighten the load
- 3.** Be part of the Inspired Revolution  
Get some Energetic Education

# Inspired Revolution



# Inspired Revolution



# Inspired Revolution

Dare to dream



# Inspired Revolution

Dare to dream

Embrace and be inspired by your Greatness



# Inspired Revolution

Dare to dream

Embrace and be inspired by your Greatness

And inspire others



# Inspired Revolution

Dare to dream

Embrace and be inspired by your Greatness

And inspire others

Innovate, Create, See Possibilities and Take Action



# Inspired Revolution

Dare to dream

Embrace and be inspired by your Greatness

And inspire others

Innovate, Create, See Possibilities and Take Action

Organise and Share Your Past: Be the

Inspiring Guide in Confusing Times



This is the age  
of the  
Experienced

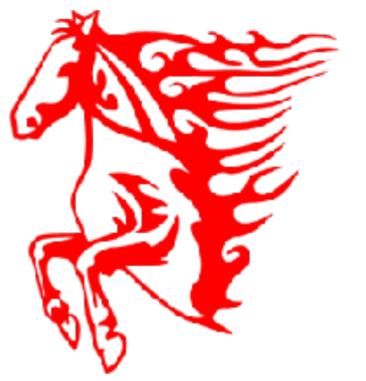


# Reflection & Recognition

What do you have to offer at this time?



# 2026: Your Three Guiding Principles



- 1.** Choose Love and Be Committed - Stay Focused!  
High Vibration Think/Talk - In and Out.
- 2.** Take action and move forward to becoming  
Be selective & release to lighten the load
- 3.** Be part of the Inspired Revolution  
Get some Energetic Education

# What We're Going to Cover

**Part 1.** The Chinese Zodiac

**Part 2.** Understanding the Importance of Now

**Part 3.** Your Three Guiding Principles For 2026

**Part 4.** Discussion



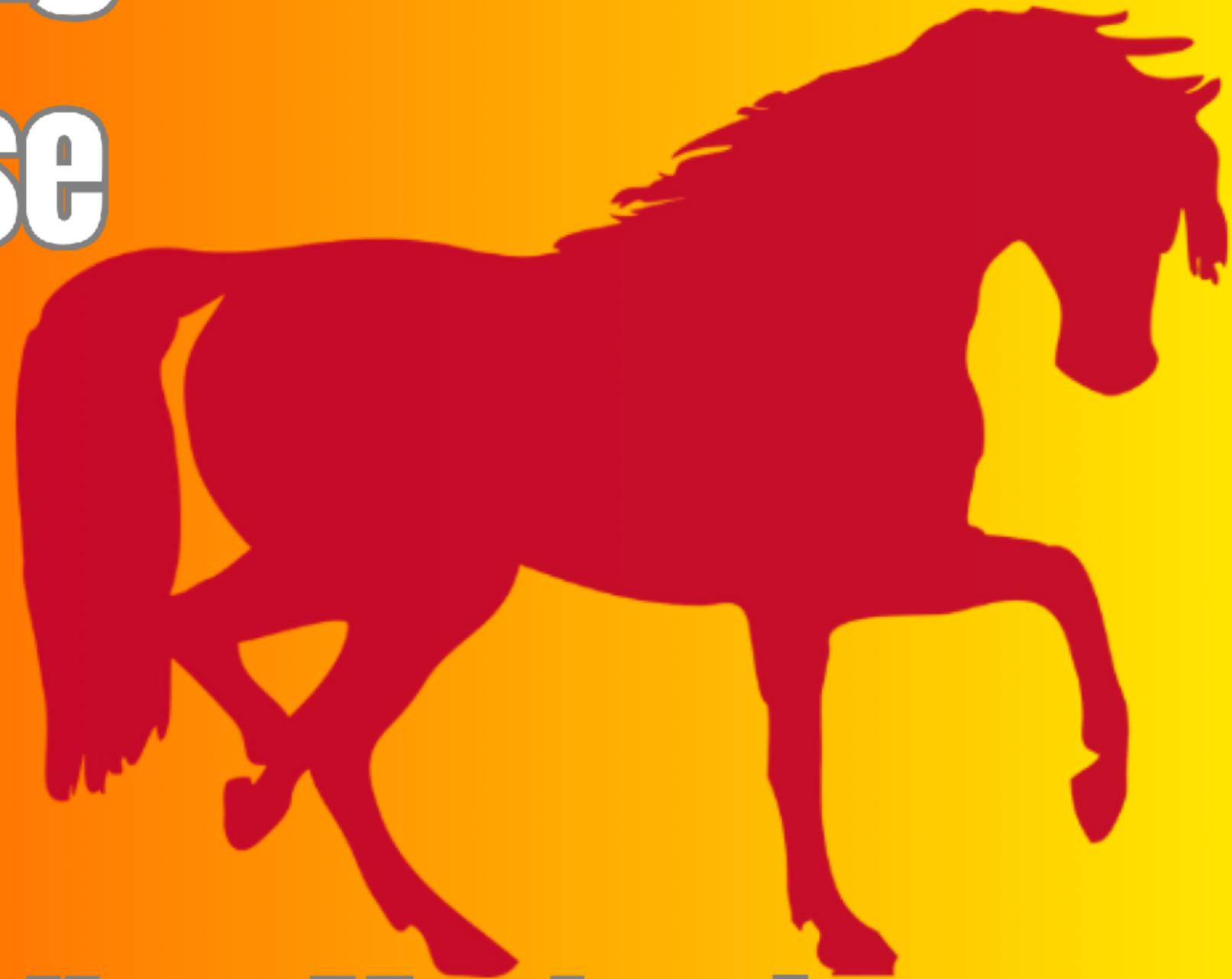


# The Art & Energy of Becoming...

THIS IS YOUR TIME TO RISE WITH  
INNER PEACE AND POWER

# Prancing & Dancing With The Fire Horse

**Sunday 15th February**  
**3 pm UK - 10 am EST**



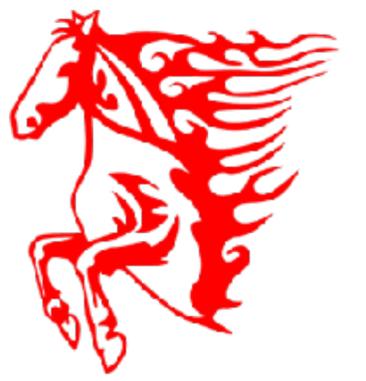
## The 2026 Chinese New Year Masterclass



# The Five Day

# Mindset Makeover

A UNIQUE WAY TO TAKE CONTROL OF YOUR THOUGHTS AND  
FEELINGS, SO THEY'RE NOT IN CONTROL OF YOU



[FiveInstitute.com/love2026](https://FiveInstitute.com/love2026)

